

LIFE IS A GIFT

GRADES PK-K – Lesson 1

Goal:

Students will learn what a conscience is and how they can begin to form theirs. They will learn about the role of conscience in making choices. They will learn that they can be leaders in doing good. They can help their friends make good choices too.

Lesson:

Sometimes we hear God talking to us in our lives through the voices of others who love us—parents, siblings, teachers. They help us to choose what is right and avoid what will hurt us. God helps people in our lives teach us what is good for us.

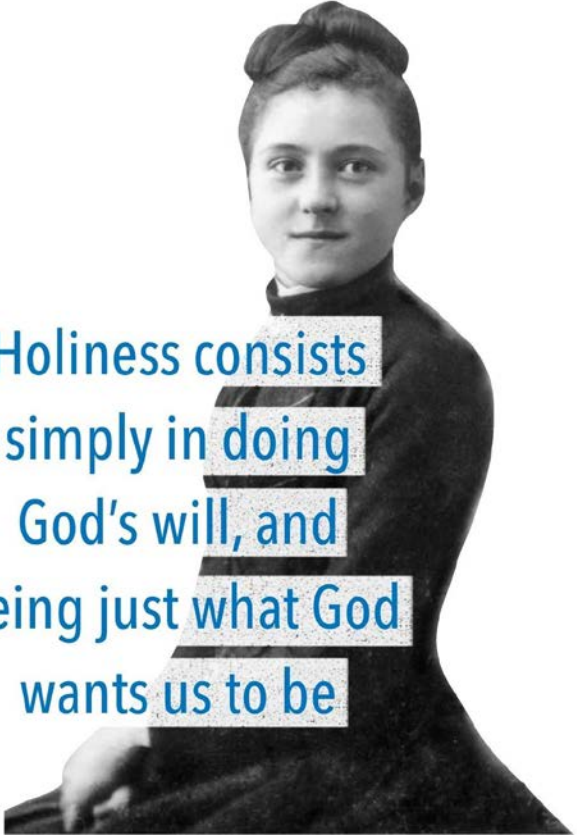
Sing and Dance:

“[Jesus Loves Me](#)”

What does this song tell us about Jesus’ love? Is it for everyone or just some people? Is it for all the time or just sometimes?

Bible Story:

Read the [story](#) of David and Goliath (1 Sam 17)



Holiness consists
simply in doing
God’s will, and
being just what God
wants us to be

Questions:

- Who is David? What does he do?
- Who is Goliath? What does he do?
- Why did David fight Goliath? Who told him he could beat Goliath?
- Who helped David defeat Goliath?

Watch:

- Watch the story of [The Prize Pumpkin](#) (start video at 12:00min)

Questions:

- What was the contest about?
- What did Papa and Farmer Ben do to try to win?
- Who won the contest? What did the competition do to the friendship?
- What lesson did Papa Bear learn about how to treat his friends?

Activity:

- **Act out** the Prize Pumpkin, but doing the right thing instead of the wrong thing.
 - How does making a good choice change the outcome of the story?
 - Are people happier in the story when a good choice is made?
 - Is it easy or hard to make a good choice?

Prayer: *In the name of the Father, the Son, and the Holy Spirit*

Dear Jesus,

I want to hear you when you talk to me.

Help me to follow you by loving my family and friends.

Show me how to choose to do good things every day.

Please always watch over us and keep us safe.

Amen.

Lesson adapted from the Archdiocese of Los Angeles Office of Life, Justice and Peace.