



ARCHDIOCESE
OF NEW YORK

EMPLOYEE BENEFIT CONNECTIONS

wellness fair

TUESDAY, APRIL 16, 2024 11:00 AM – 2:00 PM | Catholic Center, 9th Floor



Participating Vendors:

- UHC
- CVS
- Cigna
- Davis Vision
- ArchCare
- Hartford
- P&A
- Mutual of America
- ADNY Pension Office
- New York City Department for the Aging (Medicare and Social Security)
- Flik (healthy food and smoothie samples)
- Chair Massage and Hand Reflexology
- Blood Pressure Screening
- Biometric Screening
- Meditation Corner
- De-stress at Your Desk (examples of exercises)
- Ask a Registered Dietitian

Raffle Prizes:
Gift cards, gift baskets
(Must attend to be entered)



For more information,
scan the QR code or go to
archny.org/benefits/wellness