

CELEBRATING SPECIAL NEEDS

GRADES 4-6 – Lesson 1

GOAL: Students will learn about the importance of respecting those who are different from us. Students will learn about recognizing that every person is unique and made in the image of God, loved for who they are, and their physical appearance or abilities cannot change that.

Lesson:

God makes each person special—a unique creation whom He planned from the beginning of time. God does not make mistakes. He made everyone perfect! In our world, it is so important that we learn to respect the dignity of every human person, no matter our differences. Every person is made in the image of God but many people are treated like they are not. Unfortunately, people with disabilities experience a great amount of discrimination, including bullying. When we cannot recognize their dignity as children of God, we need to change our perspective and recognize the incredible lives of those around us. People with disabilities deserve the same love and support as everyone else. God has a special plan for every single person, no matter what our abilities are.



Watch:

The amazing Paralympics video "[We're the Superheroes](#)".

Discussion:

- What makes the superheroes in the video different?
- What makes their lives so remarkable?

Reinforce the message that, because God makes each one of us and creates us for a reason, he gives us all of the gifts that we will need to fulfill our purpose in this life. If someone is born with a disability or a special need, it must mean that God's plan for that person will use that special need and create something wonderful out of it!

Watch:

- [Dear Future Mom](#) of Child with Down Syndrome

Discussion:

- How do you think the mom was feeling before seeing these stories? What scared her?
- What emotion do you see repeated in all of these people with down syndrome or special needs? Why do you think they are all so joyful?
- What kind of life can a boy or girl with down syndrome or special needs have?
- If you had a special need or a disability, how would you want people to treat you?

Activity:

- If students have access to computers or iPads, have them use these online resources to learn what it is like to have [dyslexia](#) or [ADHD](#).

Prayer:

Loving God, you teach us that the power of the Holy Spirit
means more than any human limitation or weakness.
Through surrender to your will, may we bear witness to the truth
that the source of our human dignity
is not the outward condition of the body, but our likeness to the Creator.
We ask this through Christ our Lord.
Amen.

Lesson adapted from the Archdiocese of Los Angeles Office of Life, Justice and Peace