



# STEP *into* HOPE.

Take the first step. Move beyond the fear.  
*You are worth it.*

RESPECT LIFE OFFICE / ARCHDIOCESE of NEW YORK  
[archny.org/respect-life](http://archny.org/respect-life) ♦ 646.689.2613

## UNPLANNED PREGNANCY?

Call: 877.777.1277  
Text: 212.203.8716  
[bit.ly/pregnancy-help](http://bit.ly/pregnancy-help)

## NEED HEALING FROM AN ABORTION?

Hope & Healing Mission  
Call: 866.575.0075  
[bit.ly/Hope-Healing](http://bit.ly/Hope-Healing)

## SUFFERING INFERTILITY?

The Gianna Center  
Call: 212.481.1219  
[chsli.org/gianna-center](http://chsli.org/gianna-center)

## ADVERSE PRENATAL DIAGNOSIS?

Call: 877.777.1277  
Text: 212.203.8716  
[bit.ly/pregnancy-help](http://bit.ly/pregnancy-help)