

YEAR OF ST. JOSEPH

VISIT THE SICK OR IMPRISONED

Make a card for one of our retired priests and mail it to:

Cardinal O'Connor
Clergy Residence
5655 Arlington Ave
Bronx, NY 10471

GIVE DRINK TO THE THIRSTY

If possible refrain from using bottled water and use the money you saved to donate to [Catholic Relief Services](#) to build wells.

or

Donate cases of bottled water to a local shelter.

COMFORT THE SORROWFUL

Send a real card or letter to someone who may feel lonely or sad.

SHELTER THE HOMELESS

Buy, collect, or make blankets to give to a homeless shelter.

BURY THE DEAD

Look at your parish bulletin and as a family say a prayer for those who have died. You can offer this prayer:

“Eternal rest grant to them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace.
Amen.”

FEED THE HUNGRY

Using non-perishable items, create a "Meal Kit" for a family of four and donate to a local food pantry. The meal kit should include all of the non-perishable ingredients and a recipe card.

Consider meals such as pastas, enchiladas, etc. that can be supplemented with fresh ingredients.

CLOTHE THE NAKED

Go through your closets and donate items to your local shelter or thrift store.

Buy socks and donate to your local shelter.

GIVE ALMS TO THE POOR

Participate in CRS Rice Bowl.

[Click here to learn more.](#)

Consider having a simple meal one day a week and donate the savings.

