**End-of-Life Education**

Many Catholics are unfamiliar with the Church’s teachings on end-of-life care and the practical resources available to them as they face difficult decisions. It is of critical importance to educate on end-of-life ethics and advance care planning in order to shepherd each person in this sacred time of preparation for eternity. Please ensure you parishioners know the importance of designating a health care proxy (someone to make health care decisions for them in the event they can no longer speak for themselves). Please share with them that **The National Catholic Bioethics Center offers free consultation services to individuals seeking moral guidance in medical decisions. These resources and more can be found on our website:**  [lifeofficenyc.org/care-and-prepare](https://lifeofficenyc.org/care-and-prepare)