

## AGENTS OF MERCY LESSON: LEARNING TO FORGIVE

### PK-KINDERGARTEN

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#### **Goal:**

Students will learn about the importance of offering forgiveness to their neighbors. They will learn of God's forgiveness to each of them, and reinforce the understanding that someone doing something wrong does not make them a bad person.

#### **Lesson:**

Forgiveness and mercy are needed for everyone. Everyone makes bad choices, but our bad choices do not define us. We can relate this to children whose choices tend to have small consequences as well as to adults whose choices have larger consequences.

#### **Sing and Dance:**

Get the students moving and singing with the video [“Lord, I Lift Your Name on High!”](#)

#### **Bible Story:**

- Jesus taught us how to pray in the Bible when he first prayed the “Our Father”. Every day when we say this prayer, we ask God to “forgive us our trespasses as we forgive those who trespass against us”. What does that mean exactly?
- Children may not all know what forgiveness is or what it is for. We can help them to understand that we are each in need of forgiveness when we do things that are wrong or hurt other people. When was a time you needed forgiveness?

#### **Watch and Discuss:**

- Watch this [Singa and the Kindness Cubbies](#) video
  - Why did Tomeo need to ask for forgiveness? How did his friend respond?
  - What was a time that you forgave someone?
  - Everyone makes mistakes and needs to be forgiven. One person who always forgives us is Jesus, no matter what bad things we do. What kind of friend is Jesus?
  - There are also times that we need to forgive others, as God has forgiven us. What does this look like?
- Watch [“Why Do We Need to Forgive?”](#)
  - Forgiveness is the way to be a good friend. How often do we need to forgive?
  - How does forgiving others help bring us joy?

**Activity:**

- Have children practice saying the Our Father. Say it nice and slow and help them understand words that may be new to them. Stop after each phrase to talk about it or answer questions.
- You can print and use the [“Our Father Printable for Kids”](#) that provides graphics for each phrase in the prayer.
- The kids can do an [Our Father Coloring Page](#) to reinforce the message.

**Prayer:**

Dear God,  
Thank you for forgiving me when I do something wrong.  
Please help me to forgive others.  
Amen.

*Lesson adapted from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website*