Goal:
Students will learn what a conscience is and how they can begin to form theirs. They will learn about the role of conscience in making choices. They will learn that they can be leaders in doing good to help their friends make good choices too.

Lesson:
Sometimes we hear God talking to us in our lives, but most often his voice is hard to hear. So, we listen to the voices of others who love us—parents, siblings, teachers. They help us to choose what is right and avoid what will hurt us. God helps people in our lives to know how to teach us so we learn to do what is good for us.

Sing and Dance:
- Listen to the song, “Jesus Loves Me”, letting kids sing and dance.
- What does this song tell us about Jesus’ love? Is it for everyone or just some people? Is it for all the time or just sometimes?

Scripture:
- Watch the story of David and Goliath.

Questions:
- Who is David? What does he do?
- Who is Goliath? What does he do?
- Why were the Israelites fighting?
- Why did David fight Goliath? Who told him he could beat Goliath?
- Who helped David defeat Goliath?

Watch:
- Watch the story of The Prize Pumpkin (start video at 12:00min)

Questions:
- What was the contest about?
- What did Papa and Farmer Ben do to try to win?
- Who won the contest? What did the competition do to the friendship?
- What lesson did Papa Bear learn about how to treat his friends?

Activity:
- Discuss the Ten Commandments briefly. Let the kids know that these are God’s very basic rules for us to follow in order to live a happy life and help others to be happy too. He gives them to us because He loves us.
These include things like don’t make fun of people and don’t take other people’s things.

They can also include big things like don’t be jealous of people and always make sure that God is the most important person in your life.

With the Ten Commandments in mind, ask students to act out the Prize Pumpkin, but doing the right thing instead of the wrong thing.

- How does making a good choice change the outcome of the story?
- Are people happier in the story when a good choice is made?
- Is it easy or hard to make a good choice?

**Prayer:**

Pray the prayer below with the students to ask God to help us choose kindness.

Dear Jesus,

I want to hear you when you talk to me.

Help me to follow you by loving my family and friends. Show me how to choose to do good things every day.

Please always watch over us and keep us safe.

Amen.

*Lesson adapted from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website*