Archdiocesan Adult Confirmation Program
Archdiocese of New York
Office of Adult Faith Formation, 1011 First Ave, NY, NY 10022

Resources:
- Catechism of the Catholic Church & Sacred Scripture
- Sunday Mass Readings
- Handouts created by the Archdiocesan Office of Adult Faith Formation & the Catechist

First Session  Welcome / Introductions... Overview of the Program Expectations
Title: Personal Commitment to Our Lord Jesus Christ
Who is Jesus Christ and what is his Good News?
Incarnation, Ministry, Paschal Mystery, Mission, Salvation/Redemption

Second Session  Title: Having a Catholic Prayer Life
What is Catholic Christian Prayer all about?
Personal and Public Prayer / Private and Communal Prayer, the Mass

Third Session  Title: We are Members of Jesus’ Church
Understanding what the Catholic Church is all about?
Four Marks of the Church, Purpose and Meaning of the Church

Fourth Session  Title: Meeting Jesus in the Sacraments
What are the Catholic Sacraments all about?
Baptism, Confirmation, Eucharist, Reconciliation, Anointing of the Sick
Holy Orders, Marriage.

Fifth Session  Title: Living the Catholic Christian Moral Life
What is the Catholic Christian Way of Life all about?
Principles for Catholic Morality / and Catholic Social Teaching.

Sixth Session  Title: Celebrating Reconciliation
How do I celebrate the Sacrament of Reconciliation?
Examination of Conscience, Contrition, Confession, Absolution, Reconciliation

Seventh Session  Title: Celebrating the Sacrament of Confirmation
What are we celebrating with the Sacrament of Confirmation?
Renewal of Baptism, Gifts / Fruits of the Holy Spirit, Missioned Discipleship,
Rite of Confirmation

Eighth Session  Evening of Prayer & Reflection
+ Both you and your Confirmation Sponsor attend evening retreat.
+ Celebration of the Sacrament of Reconciliation during retreat.

Ninth Session  Confirmation Mass with Bishop