

20-SOMETHING:

Only for those in their 20s

Theology on Tap-NYC

Theology on Tap provides an opportunity for young adults in their 20's to explore issues and topics that relate to the Catholic faith in a fun and casual environment operating with fidelity to the Magisterium of the Church.

For more information, email theologyontapNYC@gmail.com or visit the website www.totnyc.org. [Join the Facebook group here](#) for updates.

For college students

FOCUS

The Fellowship of Catholic University Students is a Catholic collegiate outreach whose mission is to share the hope and joy of the gospel with college and university students, inspiring and equipping them for a lifetime of Christ-centered evangelization, discipleship and friendships in which they lead others to do the same. Currently, they have apostolates at NYU and Columbia, but all students from surrounding campuses are encouraged to get involved!

Please contact: Trish Vega (Team Director at NYU) at patricia.vega@focus.org or Paul Wessel (Team Director at Columbia) at paul.wessel@focus.org to get more info.

ADORATION:

Catholic NYC Holy Hour

Every 2nd Wednesday of the month

Come be with Jesus for an hour with other young adults of the Archdiocese of New York.

Confessions will be available. A social will follow at Oppa!

Located at St. Joseph's Church in Greenwich Village (371 Sixth Avenue, New York, NY 10014)

Contact Kaitlyn.Colgan@archny.org for more information.

Catholic Underground

You are invited to Catholic Underground - adoration followed by a performance.

Contact catholicunderground@gmail.com or visit the website: www.catholicunderground.net

Located at Our Lady of Good Counsel, 230 E. 90th St., New York, NY 10128

Apostolist Adoration

Join Apostolist for one hour out of your busy week to experience the Lord's presence through song, meditation, and silence at this intimate gathering at the high altar. Enter through the Parish Center on 59th street.

For more information and dates visit the [Facebook page here](#) or visit the [website here](#).

Located at Church of St. Paul the Apostle, 405 W 59th St, New York, NY 10019.

21+*NYC, BK, Queens

Frassati Manhattan Dinner and Holy Hour

Join Frassati dinner from 6-7:30 p.m. (\$10 donation), followed by Eucharist Adoration with Confession and prayer teams available from 8-9:15 p.m..

Located at Church of St. Vincent Ferrer 869 Lexington Ave. (between 65th and 66th Streets),
New York, NY 10065

For more information, visit the [website here](#).

Bronx

Encounter NYC

Hosted by the idente missionaries and their associates, the encounter NYC allows youth and young adults to encounter God through the Sacraments, the arts and each other. The monthly meeting, every third friday of the month, includes holy hour, confession, fellowship and discussion and an artistic presentation.

Contact (917) 283-2160

Located at 1739 Unionport Road, Bronx, New York, 10462

<https://www.facebook.com/TheEncounterNYC/>

<https://www.theencounternyc.org/>

ARTISTIC & CULTURAL:

The Sheen Center for Thought & Culture

The Archbishop Fulton J. Sheen Center for Thought & Culture is a forum to highlight the true, the good, and the beautiful as they have been expressed throughout the ages.

Click [here](#) for the events calendar.

Catholic Artists NYC

Catholic Artists NYC is the digital hub to connect and support Catholic Artists and Catholic Arts Organizations.

Contact Timothy Collins at catholicartistsnyc@gmail.com or visit the website www.catholicartistsnyc.com for more information.

The Catholic Artists Society

An association of faithful Catholic artists and professionals from all areas of the arts, media and entertainment industries. Membership and events open to all. Regular offerings include quarterly evenings of recollection, Masses and lectures by distinguished scholars, theologians and artists.

Contact: Kevin Collins at catholicartistsociety@gmail.com or visit the website www.catholicartistsociety.org.

Located at 81 Pondfield Road, Suite D-213, Bronxville, NY 10708

The Inklings New York

An informal Catholic literary circle of people who love to read or create through words or images. If you're a reader, writer or illustrator, consider joining!

Sign up at [The Inklings New York](#) or visit the [Facebook page](#) for more information.

ATHLETIC GROUPS:

Indoor Soccer Game!

CNYC Fit is teaming up with Immaculate Conception Church to bring you a co-ed indoor soccer league for young adults! Meet at the Immaculate Conception gym every other Thursday night for an indoor soccer game with other Catholic young adults.

For more information, email Fidelis at fidsi2000@outlook.com. **Follow the [Facebook page](#) for announcements on when the group will start meeting back up!**

Located at Immaculate Conception Parish Gym, [414 East 14th St. New York, NY 10009](#)

18-40*Men only

Catholic Male Runners

This group meets every Friday at 6 p.m. for men to exercise together and for fellowship. All levels welcome. Coffee/ drinks afterwards.

Meet at Central Park - Columbus Circle

Contact Brieg Bevilacque at briegbevilacque1@gmail.com or (516) 532-8375 for more information.

Glow in the Dark Dodgeball Tournament

Stay tuned to the CatholicNYC email blast for upcoming dates!

Frassati NYC Hikes

Meet Frassati for early morning Mass and eat a provided breakfast of coffee and bagels before traveling to hiking site. Hike includes time to eat packed lunches on the trail and time set aside to revel in God's creation as well as some low-pressure group prayer.

For more details and to register contact hiking@frassati.nyc or visit the website <http://frassati.nyc/hiking-and-outdoors/>.

BOOK CLUBS & BIBLE STUDIES:

targeting ages 21-35*SoHo

Life to the Full Book Club

Tuesday nights, 7– 9 p.m.

This is a time to come together and discuss the great questions of life and the search as young men and women for meaning, for contentment and how to indeed live life to the fullest. Not necessary to have read the book before coming.

Contact Joanna Connolly at jconnolly827@gmail.com and Vicky Wolak at vlwolak@gmail.com for more information. Join the Facebook group [here](#)!

Located at the Basilica of Old St. Patrick's, 263 Mulberry St., New York, NY 10012 (Use the back door on Mulberry Street at the corner of Prince!)

Uptown Bible Study

VOCES VERBI: NYC Catholic Young Adults seeking to be "Voices of the Word"

Saturday evenings from 6:00pm - 8:00pm

VOCES VERBI is a young adult apostolate of the Religious Family of the Incarnate Word which seeks to lead Catholic young adults to become echoing voices of the Word (Jesus Christ) through their love of the truth, their piety, and their charity. This year we will study Anthropology, that is, the philosophical study of man as a rational animal and Church history.

Located at St. Paul & Holy Rosary, 113 East 117 St., N.Y, N.Y 10035

For questions, please feel free to email Sister Truth srtruth@stpaulschool.us.

Communion & Liberation - Young Workers School of Community

An Ecclesial lay movement in the Catholic Church which meets for School of Community (weekly catechesis)

Located at St. Patrick's Cathedral, Cathedral Parish House - 14 E 51st St., New York, NY 10038

Click [here](#) for local contact information.

21+*Eastside Bible Study

Consolations of the Holy Spirit

Mondays, 7-9 p.m. (February 1, Feb. 8, Feb. 22, Mar. 1, Mar. 8, and Mar. 15)

There are days which are difficult. You may feel lost, stressed, depressed. You may feel like giving up. But You are never alone, Jesus sent forth the Holy Spirit to help all of us in times of struggle so we may find rest in Him. Join Frassati as they study Scripture and learn about the Consolations of the Holy Spirit. Download the Zoom app or visit Zoom.us on your computer (no sign-up needed). Then "Join A Meeting" by entering Meeting ID: 598-138-523.

For more information, contact biblestudy@frassati.nyc.

COUNSELING:

Catholic Psych: The Catholic Psych Institute is a great resource for counseling. Most of their counselors take insurance, or will help work with you on that. For more information or to book an appointment, visit their website <https://catholicpsych.com/>

Maria Droste Counseling Services is a community of caring professionals who are committed to the love and respect of all people. Our mission is to provide affordable psychotherapy and counseling. We offer services to those who are experiencing difficulties at home, at work, in school or in relationships. For more information, visit their website [here](#) or call 212-889-4042.

****Immaculate Conception:** "SHORT TERM COUNSELING Robert Martin, LCSW, long-time parishioner and Social Worker with 30 years of experience, is offering free short term counseling for our parishioners. Office hours are Wednesday 4pm to 8pm, by appointment only. Call 917-716-8578 for an appointment."

FILM CLUBS & MOVIE NIGHTS:

Stay tuned to the CatholicNYC email blast for upcoming CatholicNYC Movie Nights dates!

FORMATION & GAP YEAR:

targeting ages 21-29*South Bronx

Emmanuel School of Mission

The Emmanuel School of Mission (ESM) New York City is offering new evangelization formation to young men and women in the Catholic Faith. ESM NYC is an international school training missionary leaders for the Church, rooted in a profound relationship with Christ, for young adults ages 18-30.

Located at 371 E. 150 St., Bronx, NY 10455

Contact ESM-NYC@EMMANUELCO.ORG

<https://www.esm-nyc.com>

HOUSING:

Catholic List – Here's the [link](#) to the Catholic List section of our website where you can post and respond to posts related to housing and jobs.

Kolping House

East 88th Street

Short term housing for students and young professionals in Manhattan.

Contact residence@kolpingny.org for more information and availability.

Kolping on the Concourse

Long term affordable housing for students and young professionals in Manhattan

Contact kolpingconcourse@yahoo.com for more information and availability.

MARIAN DEVOTIONS:

Spiritual Strength Presents: Divine Mercy and The Immaculate Conception

1st Monday of the month, 7:30 p.m.-9:00 p.m.

Trace the origin of Divine Mercy from Creation to the revelations to Saint Faustina. Discover Mary's role in Divine Mercy. Topics include: Divinization, Sacred Heart Devotion, Trustful Surrender to Divine Providence, Redemptive Suffering, Mary as Mediatrix of All Graces, Marian Consecration and more. We follow the book "7 Seven Secrets of Divine Mercy."

Contact Gene Zannetti and David Annunziato at zspiritualstrength@gmail.com for more information.

Located at St. Joseph's Church in Greenwich Village, 371 6th Ave, New York NY 10014

Young Adults First Saturdays Devotion

The First Saturday YA group will meet every first Saturday of the month, in honor of the 100th anniversary of Fatima, and to fulfill the request of Our Lady to make acts of reparation to her Immaculate Heart in atonement for the sins of the world. Learn more about this special devotion and meet other young adults in the area. Confessions will be held from 4:30-5:15 p.m.. Mass will be held at 5:30 p.m..

Contact Collin Peck-Grey at collinpeckgray@gmail.com.

Located at Our Lady of Good Counsel Church E 90th St, New York, NY

targeting ages 21-35*Greenwich Village

Totus Tuus/ Marian Consecration

Totus Tuus is an organization created to guide individuals through a thirty-three day Marian Consecration retreat. The name Totus Tuus, which means Totally Yours, was Saint John Paul II's coat of arms while he was Pope. As the name suggests, a Marian Consecration is the act of entrusting oneself to the Immaculate Heart of Our Blessed Mother and giving themselves completely to Her. The process is straightforward and simple, yet the rewards are immeasurable and life changing.

Contact Robert Phillips at totustuusnyc@gmail.com

21+*Harlem*/African/African American Women only

The League of Pan-Afro Catholic Women

The purpose of our group is to bring together Black Catholic women of the African Diaspora from all over New York City and the Five Boroughs. They meet on the second Saturday of the month, unless otherwise specified.

Contact Andrea D. Espinoza and Ijeoma G. Mbamalu at panafrocatholicwomen@gmail.com for more information.

MEN'S GROUPS:

21-35, average age 25*men only

Men's Young Professional/Grad Student Bible Study

The group meets from 8:00- 9:30 p.m. on Thursday evenings to discuss Scripture and its relevance to the lives of men living in New York. Previous topics have included: 1 Maccabees, 1 Corinthians, Orthodoxy by GK Chesterton, and various passages from the Gospels. There is no cost to attend although the group members may volunteer to provide wine.

Contact Trevor at sorensen.trevor@gmail.com for more information.

Beer, Bourbon, Bible

BBB meets typically every third Thursday of the month for a drink and discussion of various aspects of life as a man in the Catholic Church.

Contact Thomas Morris at beerbourbonbiblenyc@gmail.com for times and locations.

Frassati NYC Men's Group

For more information about the Frassati Quo Vadis Men's Group please contact mensgroup@frassati.nyc.

OVER 40:

Contemporary Roman Catholics (CRC)

The Holy Trinity CRC Young Professionals group provides many opportunities for social interaction, community service and spiritual growth.

For more information, email James Hulak at crchtc@yahoo.com.

PRAISE AND WORSHIP:

21+*NYC, BK, Queens

Frassati

Contact Martin@frassati.nyc for more information.

Bronx

Encounter NYC

Hosted by the Idente missionaries and their associates, the Encounter NYC allows youth and young adults to encounter God through the Sacraments, the arts and each other. The monthly meeting, every third Friday of the month, includes holy hour, confession, fellowship and discussion and an artistic presentation.

Contact (917) 283-2160 or visit the Facebook page <https://www.facebook.com/TheEncounterNYC> or the website <https://www.theencounternyc.org> for more information.

Located at 1739 Unionport Road, Bronx, New York, 10462

PROFESSIONAL:

21+

Catholic Finance Association

A lay association of Catholics in the finance industry, exploring Wall Street issues today through the lens of Catholic social teaching, while networking for professional opportunities. See site for event schedule and location.

Contact info@cathfin.com or visit the website www.CatholicFinanceAssociation.com.

Catholic Tech of New York City

Catholic Tech at Church of St. Joseph's in New York City is dedicated to cultivating the next generation of young Catholic leaders in the technology industry by providing them with the resources, connections and inspiration they need to succeed.

Located at St. Joseph's, 371 Sixth Avenue, New York, NY 10014

Contact Ryan Dougherty at red2004@gmail.com or visit the website www.catholic-tech.org.

The Guild of Catholic Lawyers

Serving the spiritual needs of Catholic lawyers, the guild hosts speakers and events for fellowship.

Located at 101 Park Avenue, New York, NY 10178

Contact Neil at NMERKL@KelleyDrye.com for more information.

Saints and Solemnities

This group meets on a quarterly basis to join in reverent celebration of the Holy Mass and fellowship. All professionals (students included) in their 20's and 30's are welcome.

Located at St. Michael's, 424 W 34th St, New York, NY 10001

Contact saintsandsolemnities@gmail.com

Catholic Medical Association

Forming and supporting current and future physicians to live and promote the principles of the Catholic Faith in the science and practice of medicine.

For more information, visit their website [here](#).

*** targeting ages 25-29*Greenwich Village***

St. Joseph's Young Professionals

This group offers spiritual, social, and service opportunities for young adults between the ages of 21 and 35 in hopes of fostering friendship with one another and with Christ. The group hosts a weekly young adult Mass on Sundays at 6 p.m. followed by "In Vino Veritas" wine and discussion series. There is also a monthly brunch after the 11:30 a.m. Mass, and offer frequent volunteering opportunities and spiritual events, such as soup kitchen runs, hospital sing-a-longs, Eucharistic Adoration and retreats.

Located at 371 6th Ave. New York, NY 10014

Contact Youngprofessionals@catholiccenternyu.org for more information.

Leonine Forum

The mission of the Leonine Forum is to cultivate an emerging generation of virtuous leaders and empower them to form fully-integrated lives of faith in order to apply the Social Teachings of the Church within their professional and civic lives. During a year-long program of intellectual and spiritual seriousness, the Leonine Forum educates these men and women in the core tenets of the social teachings of the Church along with its practical application. This program is an opportunity for Fellows to grow intellectually, spiritually, professionally, and in service, as they seek to integrate Catholic Social Teaching in their professional and civic lives.

For more information, visit the website [here](#) or email admin@leonineforum.org.

Lumen Fellows

Lumen Fellows is an outgrowth of the LUMEN INSTITUTE, an organization of key influencers who are dedicated to changing the business climate and culture in top corporations by pursuing excellence at home and in the workplace. Our mission is to enhance the character, faith, and leadership skills of today's young business and cultural leaders through personalized formation, executive mentoring, and peer support.

For more information, visit LumenFellows.org or email Info@LumenFellows.org.

PRO-LIFE:

Pray for Life

Every 2nd Monday of the month

Join the Office of Young Adult Outreach for it's new monthly initiative to pray for life! Simply come and pray three rosaries and the Divine Mercy Chaplet for the life of unborn babies across the street from a local abortion clinic. Invite others to join in praying for this important intention.

Located across from 26 Bleecker Street, New York, NY 10012

Pro-Life Future NYC

Community that unites young professionals to the NYC pro-life movement through socials, education and activism to end abortion in our lifetime.

Contact: Tom Emda at (551)206-0880 or prolifefuturenyc@gmail.com or visit the [Facebook page here](#).

Witness for Life

Every 1st Saturday of the month

Become a Witness each first Saturday of the month as we bring faith, hope, and love to the place and people most in need. Includes 8 a.m. Mass, prayer vigil and social following.

Located at 263 Mulberry St., New York, NY 10012

Contact prolife@frassati.nyc for more information.

Good Counsel Homes

Good Counsel is a nationally recognized nonprofit leader and innovator in creating supportive residential care and community-based services for homeless, expectant, and new mothers and their children in the context of the Catholic social tradition.

For more information on volunteering, visit the website [here](#).

targeting ages 18-29*Upper East Side

World Youth Alliance

The World Youth Alliance is a global coalition of young people committed to the defense of human dignity and the building of a culture of life. We equip young people to understand the human person and to contribute to integral social and cultural development that is person-centered.

Located at 228 E 71st St, New York, NY 10021

Contact northamerica@wya.net or (212) 585-0752

facebook.com/WorldYouthAlliance.NA

SINGLE GROUPS:

A Filipino/a young adult group. Mostly focused for those of descent from the Philippines

CFC Singles for Christ

CFC Singles for Christ is one of the Family Ministries of Couples for Christ. It was founded to cater to single men and women from 21 to 40 years of age. SFC aims to provide a Christian support environment for single men and women who are at the crossroads of their state of life, choosing between marriage, a religious vocation, or single blessedness.

Contact sfcny@googlegroups.com for more information.

Located at Ascension Church, 86-13 55th Avenue, Elmhurst NY 11373

CHASTITY GROUP:

Corazon Puro

Corazon Puro is an Apostolate that focuses on formation on the truth & meaning of human sexuality in the light of Christ through theology of the body.

Located at St. Crispin Friary, E. 156th St., Bronx, NY, 10455

Contact info@corazonpuro.org or visit the website <http://www.corazonpuro.org> for more information.

Made4mor

Made4mor is a group of young Catholic adults who seek to imbue culture with the beauty of God's plan for our lives as men and women by praying for a culture in which young adults live their sexuality with authenticity and simplicity according to God's plan for their lives and encounter true love and beauty in their relationships and families

Located at St. Peter- St. Denis Parish, 91 Ludlow St., Yonkers, NY 10705

Contact made4mor.ny@gmail.com for more information.

RETREATS:

Sisters of Life

For more information and to view the retreat schedule, [visit the website here.](#)

Frassati Fellowship of New York

Contact Retreats@frassati.nyc or visit the website <http://frassati.nyc/retreats/> for more information.

CHARIS NYC

A ministry which presents weekend retreats in the Jesuit tradition by and for Catholic young adults of New York City.

Contact CharisRetreatNYC@gmail.com and their phone number is (347) 619-2692. Here's their website, too, for more information www.charis.nyc

Capuchin Youth & Family Ministries (CYFM)

An intergenerational ministry of the Capuchin Province of St. Mary.

Contact CYFM@CYFM.org or visit the website www.cyfm.org for more information.

Convent of St. Birgitta

A place for private, non-led retreats only. For information and reservations, visit the website <http://birgittines.blogspot.com>

RELATIONSHIPS/ FAMILY:

Catholic Young Married Couples NYC

A group for newly married couples in NYC in their 20s, 30s, and 40s that meet for fun and fellowship.

Contact Andrea Moore at andrea.moore662@gmail.com or (646)660-5492.

Frassati Couples Group

For more information, [visit the website here](#).

Moms of Old St. Pat's

2nd and 4th Monday of the month, 5-6 p.m.

A place for moms and tots (under three) to socialize with their fellow parishioners and receive some spiritual nourishment! Discussions will include topics like compassion, care, love, patience, responsibility and purpose.

Call the parish at 212-226-8075 for more information.

Located at Old St. Patrick's Parish House, 263 Mulberry St.

Goretti Group

First Friday of the month

The Goretti Group is a movement of young people dedicated to spreading the life-giving message of authentic love by living out the virtue of chastity and purity. The spirit and joy experienced at our Saint Maria Goretti Mass every first Friday will revitalize your faith and set you on fire for a new "Love Revolution."

Contact Debbie Sucich at ny@thegorettigroup.org.

SOCIAL GATHERINGS:

FiDi Catholic Young Adults

Young Adult Catholics living or working in the financial district are welcome to join for various social and spiritual activities.

Contact: Tony and Aubrey at fidicya@olvsta.org for more information.

Jazz Night NYC

Stay updated with the Facebook page <https://www.facebook.com/jazznightnyc/>

Frassati Fellowship of New York

A Catholic community of young adults helping one another grow in faith through friendship. In the footsteps of Blessed Pier Giorgio Frassati, the group aspires to live a life of the Beatitudes.

Contact contact@frassati.nyc or visit the website www.frassati.nyc for more information.

Located at Church of St. Vincent Ferrer, 869 Lexington Ave

South Bronx

St. Francis Center Young Adult Group

Led by the Francis Friars of the Renewal, this group meets on Mondays for various faith formation activities and sports. Open to all young adults of the South Bronx.

Located at 421 East 155th Street, Bronx, NY, 10455

Contact: (718) 402-6235

SUPPORT GROUPS:

Bereavement:

More information on grief counseling can be found through the Family Life Office's website: <https://nyfamilylife.org/bereavement/groups/> or by contacting Vinny at Vincent.DaSilva@archny.org.

LANGUAGE GROUPS:**Spanish:****Incarnation Young Adults**

Los adultos jovenes de Encarnacion es un grupo adulto joven en espanol. Juntos vamos a encontrar a Jesus. Nos reunimos los miercoles a las 8 p.m. en la rectoria.

Direccion: 1290 Saint Nicholas, New York, NY 10033

Contactar Father Osiris Salcedo a incarnation@archny.org

Mensajeros Del Amor De Cristo

Somos, un Grupo de Jóvenes Adultos parroquial de 16- 39 años de edad que se enfoca en: Desarrollar la espiritualidad católica de sus miembros; Logrando que los jóvenes tengan un encuentro personal con Cristo, motivándolos a vivir una relación diaria con Dios y a que se vuelvan transmisores de la Buena Nueva... Nosotros nos reunimos Todos los Viernes comenzando con la santa Misa de 7pm, nuestra reunión es de 8pm- 9:30pm ...cada viernes tenemos diferentes temas de formación; humana y espiritual.

Direccion: Church of the Ascension, 221 W 107th Street, New York, NY 10025

Contactar Fabian Martinez a Martinezfmn3581@gmail.com

Servidores de la Nueva Evangelizacion

Servidores de la Nueva Evangelizacion es un grupo que se enfoca en presentar a Jesus como opcion de vida a cada uno de los miembros del grupo, invitandonos a un encuentro con el desde nuestro ser iglesia. Nuestro objetivo es fortalecer nuestra vida de oracion grupal a travez de nuestro encuentro con Jesu Cristo. Nuestro medios son las Obras de Misericordia.

Direccion: Church of St. Elizabeth 268 Wadsworth Ave., New York, NY 10033

Email: servidoredelanuevaevangelizacion@yahoo.com

Bilingual:

targeting ages 21-29*Bronx

Corazon Puro

Corazon Puro is an Apostolate that focuses on formation on the truth & meaning of human sexuality in the light of Christ through theology of the body.

Located at St. Crispin Friary, E. 156th St., Bronx, NY, 10455

For more information, contact info@corazonpuro.org or visit the website

<http://www.corazonpuro.org>.

Emmanuel Group

Meets Sundays at 2 p.m.

A young adult bilingual group at St. Peter-St. Denis Church that joins together for prayers, teaching and fellowship.

Located at 91 Ludlow St., Yonkers, NY 10705

Contact ricardopg8511@gmail.com for more information.

Quo Vadis Young Adult Ministry

Quo Vadis meets every 1st Thursday at 8 p.m. This group is centered on Ignatian Spirituality and endeavors to bring young people into a deeper relationship with Christ, the Church and other young adults.

Located at Our Lady Queen of Martyrs Church, 91 Arden Street, New York, NY 10040

Contact quovadisolqm@gmail.com for more information.

targeting ages 25-29*Hamilton Heights

Our Lady of Lourdes Young Adults

Located in Central Harlem, Our Lady of Lourdes welcomes all Young Adults in the area to come celebrate in the Holy Sacrifice of the Mass and meet other young adults through events, sports, and community.

Located at 463 W 142nd St., New York, NY 10031

Contact Justo Diaz at justodiazj@gmail.com for more information.

Rio Poderoso Community

Rio Poderoso is a bilingual Catholic Charismatic community that meets every Friday at 7:30 p.m. Rio Poderoso strives to bring people into a worship experience through contemporary praise and worship with an openness to charismatic gifts.

Located at Annunciation Church Hall, 461 West 131 Street, New York, NY 10027

Contact Glenis Diaz de Rojas at SmdygdI@hotmail.com.

Slovak:

Upper East Side

Slovak Catholic USA/ East River Catholics

A young adult prayer group focusing on outreach and bringing God to people beyond the regular Sunday Mass. Activities are in Slovak and Czech but all are welcome to our monthly young adult mass (in Slovak). Our mission is to bring more young people to the Church and the Lord, focusing mainly on people of Slovak/Czech origin, to be able to express their faith in their native language and meet new friends in Christ.

Located at St. John Nepomucene Church, 411 E 66th St., New York, NY 10065

Contact Katarina Novakova at knovakova@gmail.com or [visit the Facebook page here](#) for more information.

African/ African-American Women

21+*Harlem

The League of Pan-Afro Catholic Women

The purpose of our group is to bring together Black Catholic women of the African Diaspora from all over New York City and the Five Boroughs. They meet on the second Saturday of the month, unless otherwise specified.

Contact Andrea D. Espinoza and Ijeoma G. Mbamalu at panafrocatholicwomen@gmail.com for more information.

Italian

Our Lady of Pompeii

This group of friends, all volunteers, who provides the liturgical music for the 6:30 p.m. Italian mass every Saturday evening. Composed of both amateur and semi-professional singers and musicians, our ensemble performs a wide repertoire of Italian songs including Catholic favorites, contemporary pop, rock, and gospel tunes.

Located at Our Lady of Pompeii Shrine Church in Greenwich Village

Contact Alessandra Rotondi at nyarowine@gmail.com or visit the [Facebook page here](#) for more information.

TRIVIA/ KARAOKE/ PING PONG

Pauline Books & Media

NYC's Catholic book store. Communicating Jesus Christ in the heart of the city. Books, Music, Movies, Art, Chapel, Sisters on Staff.

For more information and events, visit the Facebook page [here](#) or the website [here](#).

Located at 115 E. 29 Street, New York, NY 10016 (between Park & Lexington)

THEOLOGICAL / SPIRITUAL FORMATION:

Theology on Tap-NYC

Theology on Tap provides an opportunity for young adults in their 20's to explore issues and topics that relate to the Catholic faith in a fun and casual environment operating with fidelity to the Magisterium of the Church.

Contact Emily at theologyontapNYC@gmail.com, visit the website www.totnyc.org and join the Facebook group [here](#) for more information and updates.

Discussion & Discipleship

Why does the Church believe that? How can I explain this to others? D&D is a collaborative group where young adults come together to work through tough issues of politics, culture, science, law, and philosophy, all from the Catholic perspective. Led by the Public Policy Office of the Archdiocese of NY.

Contact Alexis.Carra@archny.org or visit the [Facebook page here](#) for more information.

Located at 1011 First Ave, New York, NY 10022

In Vino Veritas

In Vino Veritas is an informal discussion group that meets weekly on Sunday nights to enjoy wine and good conversation on matters of perennial importance and contemporary relevance.

Visit [the website](#) or [Facebook page](#) for more information.

Voces Verbi: NYC

For more information, contact Sr. Truth at srtruth@stpaulschool.us.

Located at Saint Paul's Catholic Church, Harlem, NY

Spiritual Direction for Young Adult Men and Women

The Idente Missionaries offer a space to support young men in their spiritual growth and to accompany them on their journey.

Located at St Dominic's Church, 1739 Unionport Rd, Bronx, NY,10460

Contact: Fr. Robert Badillo, M.Id at rpbadillo@gmail.com (men) or Sr. Luz Ramirez, M.Id at luzramster@gmail.com (women)

Idente World Youth Parliament

Guided by the Idente Missionaries, the WYP is a forum where young adults (18-30 years old), whatever their religion, ideology, culture, or social condition might be, can come together to discuss issues that concern them and manifest their conclusions in such a way that their voices may be heard worldwide.

Located at St. Dominic's Church, 1710 Union Port Road, Bronx, NY 10462

For more information contact wyp@identeyouth.us or (347) 948-3122 or visit www.wypusa.org.

targeting ages 21-29*South Bronx

Emmanuel School of Mission

The Emmanuel School of Mission (ESM) New York City is offering new evangelization formation to young men and women in the Catholic Faith. ESM NYC is an international school training missionary leaders for the Church, rooted in a profound relationship with Christ, for young adults ages 18-30.

Located at 371 E. 150 St., Bronx, NY 10455

Contact ESM-NYC@EMMANUELCO.ORG or [visit the website](#) here for more information.

TRIPS, PILGRIMAGES & MISSIONS:

VOCATIONAL DISCERNMENT:

Fr. Chris Argano, vocations director of the Archdiocese of New York, can be reached at

Christopher.Argano@archny.org.

The Samuel Group

The Samuel Group is an intensive, 8 month program of discernment and formation.

Contact nysamuelgroup@gmail.com for more information. *Unfortunately, this session of the Samuel Group is underway. A new session will begin in Fall 2021!

VOLUNTEER OPPORTUNITIES:

CatholicNYC's 'You Did it to Me' Homeless Outreach

Every 3rd Wednesday of the month

Join CatholicNYC for homeless outreach. Please bring with you one pair (or more) of new warm socks along with any other toiletries or warm apparel to offer to anyone in need.

Contact Kaitlyn.Colgan@archny.org for more information.

21+*Lower East Side

Catholic Big Sisters and Big Brothers

Want to be a role model for kids and give them guidance when they need it? Become a mentor for Catholic Big Sisters & Big Brothers. Basic program requirements include a 1 year commitment to the match relationship and 8 hours a month spent with your Little.

Located at 137 E 2nd St, New York, NY 10009

Contact Ryan Sheppard at rsheppard@cbsbb.org or (212) 475-3291

targeting ages 25-39*Midtown East

Catholic Charities NY Junior Board

The Catholic Charities Junior Board introduces young professionals to the varied programs and works of Catholic Charities through volunteer activities, social events and networking opportunities.

Contact Christina.Perez@archny.org or visit the website [here](#) for more information.

Located at Catholic Charities Office, 1011 First Avenue

Frassati NYC Volunteer Opportunities

Visit the website <http://frassati.nyc/service/> for more information.

Visitation Co-Workers of Life

A large and growing network of faithful laity, the Co-Workers share their talents, time and their very selves in service to pregnant women in need.

For more information, [visit the website here.](#)

Service to the Sick and Elderly at Terence Cardinal Cooke Center

Accompany Terence Cardinal Cooke Center residents to 10:15 a.m. Sunday Mass. Fellowship and conversation will follow.

Located at Terence Cardinal Cooke Health Care Center, 1249 5th Ave., New York, NY 10029 (between 105th/106th Streets.

For more information, contact Johanna at prolife@frassati.nyc.

Amsterdam Nursing Home:

Amsterdam Nursing Home compassionately serves 409 residents seeking long and short term care. Various volunteer opportunities are available any day/ time.

Located at 1060 Amsterdam Ave., 10025

Contact Jay Virella at JVirella@amsterdamnh.org for more information.

Encore Community Services

Encore Community Services provides care and service to the elderly of New York, especially those who are most vulnerable and frail, poor and homeless, homebound and lonely, frequently desperate, most often ignored. Various volunteer opportunities from delivery meals to seniors to office work are available. Dates and times flexible.

Located at two residences: Encore 49 Residence, 220 West 49th Street, 10019 or Encore West Residence, 755 Tenth Avenue, 10019

For more information, [click here](#).

C.F.R. Sisters' Father Solanus Kitchen

Saturdays, 10:30 a.m.-2 p.m.

The Fr. Solanus Soup Kitchen provides a hot meal and joyful friendly atmosphere for the 80 plus patrons who come each Saturday for lunch.

Call Sr. John Paul, (212) 831-3334 for more information.

Located at Our Lady Queen of Angels Convent, 232 East 113 Street, 10029

City Meals on Wheels – Young Professionals

From delivering meals to making social visits, Citymeals offers volunteer opportunities to suit all types of schedules and interests. Through an established network of compassionate [individual, corporate and community group volunteers](#) who ensure homebound elderly New Yorkers receive a continuous lifeline of nourishment and companionship, last year 26,212 dedicated volunteers lent their support to this mission.

To volunteer, visit the website [here](#).

targeting ages 21-34*1011 1st Ave Suite 1800 10022

Inner-City Scholarship Fund Junior Committee

The Inner-City Scholarship Fund's Junior Committee is comprised of members under 40 providing hands-on support to inner-city Catholic school students. Members desire to help students by providing them with enriching experiences.

Located at 1011 1st Ave., Suite 1800, New York, NY 10022

Contact Andrew at Andrew.Scialabba@archny.org or visit the website innercityscholarshipfund.org for more information.

Order of Malta-NYC Junior Committee

The Auxiliary works in association with the Order of Malta whose mission as a lay religious order of the Catholic Church is to care for the sick, the poor and bear witness to and defend the Catholic faith.

Located at 1011 First Ave., Suite 1350, New York, NY 10022

Contact NYCAUX@orderofmaltaamerican.org

Alliance for Catholic Education

ACE Advocates for Catholic Schools recognize the value of a quality Catholic education and believe that an excellent one must be available and accessible to all who desire it for their children.

Contact ACEAdvocatesNY@gmail.com or visit the Facebook page www.facebook.com/NDaceny for more information.

Catholic Relief Services

Catholic Relief Services carries out the commitment of the Bishops of the United States to assist the poor and vulnerable overseas. We work with local, national and international Catholic institutions and structures, as well as other organizations, to assist people on the basis of need, not creed, race or nationality.

Contact Katie Kernich at kathleen.kernich@crs.org or (610)293-4669 or visit the website www.crs.org for more information.

Located at Northeast/ Mid-Atlantic Office, 150 N Radnor Chester Rd., Radnor, PA 19087

targeting ages 21-29*South Bronx

Emmanuel School of Mission

The Emmanuel School of Mission (ESM) New York City is offering new evangelization formation to young men and women in the Catholic Faith. ESM NYC is an international school training missionary leaders for the Church, rooted in a profound relationship with Christ, for young adults ages 18-30.

Located at 371 E. 150 St., Bronx, NY 10455

Contact ESM-NYC@EMMANUELCO.ORG or visit the website <https://www.esm-nyc.com> for more information.

Young Life NYC

Do you have an interest in reaching out with the Gospel to the teenagers of Manhattan or your parish community? Young Life is looking to collaborate with the Archdiocese to help you follow your vocation and help bring God's love into the teenage world.

Contact Deacon Nathan Gunn at gunner721@gmail.com

WOMEN'S GROUPS:

Daughters of the Light

Daughter of the light is a young women's group that meets once a month to speak on issues relevant to Catholic women. An affiliate of Corazon Puro.

Contact Glenny Coats at gc156q@gmail.com for more information.

targeting ages 21-29*Upper East Side & Astoria

The Siena Society

A group for women of faith to grow in prayer and community.

For more information, contact Emilia Tanu at demilia.tanu@gmail.com.

21+

My Soul Proclaims

My Soul Proclaims (Frassati Women's Ministry) is partnering with the Franciscan Sisters of the Renewal on a formation program. For dates and more information, click [here](#).

Location: Our Lady Queen of Angels Convent, 232 E. 113th Street, New York, NY 10029

To RSVP or to join the email list, contact mysoulproclaims@frassati.nyc.

[Blessed is She](#)

Join the regional [Facebook group here](#) to stay updated on upcoming events!

21+*Harlem*/African/African American Women only

The League of Pan-Afro Catholic Women

The purpose of our group is to bring together Black Catholic women of the African Diaspora from all over New York City and the Five Boroughs. They meet on the second Saturday of the month, unless otherwise specified.

Contact Andrea D. Espinoza and Ijeoma G. Mbamalu at panafrocatholicwomen@gmail.com for more information.

Upper East Side

Walking with Purpose Bible Study Group

Every Wednesday at 7pm (except for the evenings of the Young Adult Mass)

Walking with Purpose is a women's ministry whose mission is to help every Catholic woman open her heart to Jesus Christ by providing Bible studies that enable young women to know Christ through Scripture and the teachings of the Roman Catholic Church.

Study guides can be purchased from the [Walking with Purpose website here](#). For more information, email Mariana Eizayaga at meizayaga@gmail.com.

For women who already very into Church teaching

The Sisterhood of Catholic Women and Adolescents 13 Week Semester

Courses Offered Online

The Sisterhood of Catholic Women and Adolescents is offering a 13 week semester on fertility awareness and Catholic sexual morality, where they teach women how to chart their menstrual cycles and where they break open the beauty of God's design for human sexuality. This course is free and is open to women ages 16+ (anyone under the age of 18, needs parental consent).

For more information about dates and times, leave your contact information on our website: www.sisterhoodcwa.com.

UPPER COUNTIES:

Camp Veritas

Sign ups begin on January 1st

Be a mentor to teens (7th-12th grade) for a week-long pilgrimage.

Contact volunteer@campveritas.com or 845-266-5784, or visit the website www.CampVeritas.org for more information.

Capuchin Youth & Family Ministries (CYFM)

An intergenerational (youth, young adults & families) ministry of the Capuchin Province of St. Mary. Provides opportunities for retreats, local outreach programs, service mission trips and to grow in leadership through the Cap corps volunteer program.

Contact CYFM@CYFM.org or visit the website www.cyfm.org for more information.

Catholic Underground North

Every 3rd Saturday of the month from September- April

An apostolate/event started by the Franciscan Friars of the Renewal (CFR) in NYC brought up North to minister to the young adults of the northern counties of the Archdiocese of New York. A night that blends today's culture with the beautiful, rich faith and traditions of the Catholic Church consisting of a Holy Hour with praise and worship followed by a performance by a catholic artist.

Contact: cunorth@ignitetruth.org or 917-783-5252

***Targeting ages 30s and 40s (married,single, divorced, children/ no children)**

Catholic in Real Life

Join us on our journey to explore what it really means to live out our beliefs everyday and practice our faith beyond Sunday mass, in short-how to become Catholic in Real Life!

Located at Church of the Holy Spirit, 1969 Crompond Rd, Cortlandt Manor, NY,10567

Contact: catholicreallife@gmail.com or visit <http://www.meetup.com/catholic-in-real-life>

Targeting ages 18-35

Credo Young Adults

Credo is a group of young adults with a mission to lead as many young adults to the faith as possible both for the renewal of the church and for the culture at large. Activities include formation nights, social outings, service projects, rosary groups and more.

Located at St Patrick's Parish, 137 Moseman Rd, Yorktown Heights, NY,10598

Contact credoyoungadults@gmail.com or visit the [Facebook page](#) for more information.

Holy Hikers: Catholic Hikers of the Hudson Valley

Are you Catholic? Do you love hiking? Then come aboard! They are a group of Catholic Outdoor Enthusiasts throughout the Hudson Valley who seek fellowship with the wilderness and with our Lord.

Contact holyhikershv@gmail.com or join the [Facebook group](#) for more information.

Ignite Young Adults

Ignite is a group that seeks to create environments that promote spiritual growth among young Catholic adults. Activities include holy hour, formation and fellowship.

Contact core@ignitetruth.org or visit the website www.ignitetruth.org.

Located at St. Columba Church, 835 Route, Hopewell Junction, NY, 12533

Targeted ages 18-40

The Catholic Corps

They meet monthly for different events to foster community among Catholic young adults in Orange County.

Contact thecatholiccorp@gmail.com for more information.

Targeted ages 18-39

Revive Young Adults

Meets every 2nd Tuesday of the month from 7-9 p.m.

They are young adults from Ulster and Northern Dutchess Counties whose goal is to REVIVE the Catholic faith among young adults in their region. Activities include Holy Hour, fellowship and guest speakers.

Located at St Joseph's Church, 34S. Chestnut Street, New Paltz, New York, 12561

Contact ReviveYA@gmail.com for more information

Emmanuel Community

The Emmanuel Community is a pontifical Roman Catholic association of the faithful and international community that was founded by Pierre Giursat. It is the heart of the charismatic renewal in the catholic church. All states of life gather for weekly meetings called "households" to praise, share the word of God and pray for one another and the world.

Contact: Olivier Imbert imbert@yahoo.com or visit the website www.emmanuelcommunity.com for more information.

Rockland Regional Young Adult Group

Meets on 2nd Wednesday of the month at 7 p.m.

Located at Church of St. Augustine (140 Maple Ave. New City, NY).

Contact Luigi.Manente@archny.org for more information.

St. Barnabas Young Adult Group

Meets on the last Sunday of the month

5 p.m. Mass, followed by dinner and a talk.

St. Barnabas Catholic Church (409 E. 241st St., Bronx, NY)

Contact kerriann.gallagher@gmail.com for more information.

Blessed Is She (Westchester)

Meets on the 3rd Saturday of the month

This women's group meets for Saturday Brunch from 10 a.m.-12:30 p.m..

Contact BISWestchester@gmail.com for more information.

Bible & Bourbon (Westchester)

Meets on the 3rd Wednesday of the month

This men's group meets at 7 p.m. to enjoy a "Bourbon of the Month" and a topic of discussion.

Located at Our Lady of Fatima (5 Strathmore Rd., Scarsdale, NY)

Contact fr.smith@annunciation-fatima.com for more information.

St. Bernard's White Plains

Contact: araceli1817@yahoo.com.

Arise! Young Adult Group

The young adults of St. Anne's in Yonkers welcome all young adults who desire to grow in fellowship and community.

Located at Church of St. Anne, 854 Midland Avenue, Yonkers, NY 10704
Contact Mark McAllen at mjmc530@gmail.com.

PARISH GROUPS:

targeting ages 21-40* Gramercy Park

St. Mary's Byzantine Catholic Young Adults

Young Adult Divine Liturgy and Social Every Last Sunday of the Month at 6pm!

Contact Michael Wutkowski at michaelwutkowski@gmail.com. Check out the [Facebook page](#) for more information.

Located at St. Mary's Byzantine Catholic Church, 246 E 15th St New York, New York 10003

targeting ages 21-39* Columbus Circle

St. Paul's Apostolist

Apostolist strives to respond to the call of Jesus Christ in the contemporary world by encouraging a mature spirituality in prayer and liturgy, promoting social justice, and growing as a community of faith.

Located at Church of St. Paul the Apostle, 405 W 59th St., New York, NY 10023

Contact youngadults@stpaultheapostle.org or visit <https://apostolist.org/>

targeting ages 25-34* Gramercy/Kips Bay

Epiphany Parish Young Adult Group

A group of young adults in their 20s & 30s at Church of the Epiphany who share and practice the Catholic faith together hoping to be inspired, be moved & grow in Christ.

Contact Kyle at kfitzpa433@gmail.com.

targeting ages 21-39* Financial District

FiDi Catholic Young Adults

The Wall Street Catholic Young Adults promotes and organizes social and service project events for Catholic young adults living in the Financial District.

Contact Tony Romano at fidicya@olvsta.org or visit the [Facebook page](#) or visit the [website](#) for more information.

21+* NYC, BK, Queens

Frassati NYC

A Catholic community of young adults helping one another grow in faith through friendship. In the footsteps of Blessed Pier Giorgio Frassati, the group aspires to live a life of the Beatitudes.

For more information, visit the Facebook page <https://www.facebook.com/frassatinyc/> or the website <http://frassati.nyc/>.

Old St. Patrick's Young Adults

Young adults meet for the 7 p.m. Sunday evening Mass, followed by a social at the parish house with wine and snacks.

Located at 263 Mulberry St., New York, NY 10012

25+*Bronx/Yonkers (Woodlawn)

St. Barnabas Young Adults

Meets on the last Sunday of the month

Starts with 5pm mass then dinner and a talk.

Located at 409 E. 241st Street, Bronx, New York 10470

Contact kerriann.gallagher@gmail.com for more information.

St. Patrick's Cathedral Young Adults

Young adults re-igniting their faith in the midtown community through events and gatherings.

Located at St. Patrick's Cathedral, 14 East 51st Street

For more information, contact Emily Danz at emilydanz@saintpatrickscathedral.org.

Our Lady of Lourdes

Located at 468 W 143rd St

Contact Justo Diaz at justodiazj@gmail.com for more information.

Our Lady of the Rosary

Located at Parroquia Santo Rosario, 22 Don Bosco Place, Port Chester, NY 10573

[St. Monica-St. Elizabeth-St. Stephen](#)

With events like Wine & Cheese, Theology Talks, and more, this ministry gathers for fellowship and to deepen our faith. The door is open to all young adults; It does not matter where you come from, whether you are Catholic or not, what lifestyle you lead, how much money you make or how little- you are ALWAYS welcomed in this place!

Contact Jasmine at jgomez@stelmo79.org or fill out the contact form [here](#) for more information.