



ARCHDIOCESE  
OF NEW YORK

# Natural Family Planning (NFP) Series

Session #1:  
Learning Your Options

**WEDNESDAY,  
NOV 20 | 6:30 PM**

Holy Name of Mary Church  
110 Grand St.  
Croton-On-Hudson, NY

Join us for a panel discussion with Natural Family Planning instructors using different methods to learn about the nuances of Fertility awareness.

Please reach out to Alessandra Carino ([alessandra.carino@archny.org](mailto:alessandra.carino@archny.org)) with any questions



*Brought to you by the  
Office of Family Life*

