



## ARCHDIOCESE OF NEW YORK FAMILY LIFE

June 21, 2021

Dear Pastor/Administrator and Parish Staff,

I am pleased to share some opportunities for you to support and celebrate National NFP Awareness Week (July 25 - July 31, 2021). To focus attention on Natural Family Planning (Fertility Awareness), and to promote God's plan for married love during this week, below are some resources that you may find helpful to use or reference:

### **From the Family Life Office:**

- During the month of July, the Family Life Office is offering **free NFP/Fertility Awareness online classes** for either women alone, or for couples (English and Spanish). Class sessions are limited, and are available on a first-come-first-serve basis. For more information, or to take advantage of this offer, email:

**English:** Kathleen Crayne at [Kathleen.Crayne@archny.org](mailto:Kathleen.Crayne@archny.org)

**Spanish:** Lisa Del Valle at [Lisa.DelValle@archny.org](mailto:Lisa.DelValle@archny.org)

- To focus attention on Natural Family Planning and Fertility Appreciation, and to learn more about the evolving landscape of NFP/Fertility Awareness and Femtech, please visit our websites:

**English:** <https://archny.org/family-life/fertility-awareness-nfp/>

**Spanish:** <https://archny.org/vida-familiar/conocimiento-de-la-fertilidad/>

### **From the USCCB:**



**“To have ... To hold ... To honor - Natural Family Planning: Supporting God's gifts of love and life in marriage”** is the theme of this year's NFP [Fertility] Awareness Week, a national educational campaign of the United States Conference of Catholic Bishops (USCCB) to celebrate God's design for married love and the gift of life, and to raise awareness of NFP/Fertility Awareness-Based methods.

For resources such as **Homily Notes**, **Prayers of the Faithful**, and **bulletin and media resources**, visit the NFP Week Homepage at: <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/awareness-week/index.cfm>.

Thank you for spreading the word about God's design for married love and the gift of life! If you have any questions, feel free to contact me directly at [dr.kathleen.wither@archny.org](mailto:dr.kathleen.wither@archny.org) or 646.794.3186.

In prayer and gratitude,

Kathleen Wither, D. Min.  
Director, Family Life Office