JUBILEE YOUNG PEOPLE

July 28 – August 3



This summer, young adults across the world are invited to take part in the Jubilee of Young People—a global celebration of faith, community, and spiritual renewal. Pope Francis often reminded us that young adults are "the joyful hope of the Church and of humanity." This Jubilee is a moment to reconnect with Christ, with the Church, and with one another.

WAYS TO GET INVOLVED

AT YOUR PARISH

- Join the celebration: Check if a parish near you is offering special blessings or prayers for young adults during this Jubilee Week—and if not, consider reaching out to ask if they might. Find a nearby parish at <u>archny.org/parish-finder</u>.
- **Volunteer:** Help with readings, music, greeting, or serving at Mass
- **Share your story:** Parishes may ask young adults to share how faith impacts their daily lives

SPIRITUAL GROWTH OPPORTUNITIES

- Attend—or even help organize—special prayer services or Eucharistic adoration hours designed specifically for young adults.
- Learn more about young adult formation and upcoming opportunities, by visiting the Office of Young Adult Outreach webpage at <u>archny.org/young-adult-outreach</u>. There, you'll find information about local events, service projects, retreats, and more.
- Acts of Hope: Volunteer for a service project, spend time
 with someone who is sick or isolated, or support local
 outreach efforts in your community. Check out:
 catholiccharitiesny.org/volunteer

CONNECT WITH OTHERS

- Coffee and conversation: Look for special gatherings after Mass group (or organize one yourself!)
- Book Clubs: Join book discussions about faith and young adult life (or organize one yourself!)
- **Mentorship:** Connect with older parishioners or parish staff who can offer guidance

PILGRIMAGE AND CELEBRATION

- Local pilgrimages: Visit special Jubilee sites in your area (check <u>archny.org/jubilee2025</u> for New York pilgrimage locations)
- Watch parties: Join others to livestream the September 7 canonization Mass from Rome

GETTING STARTED

Contact your local parish to see what they're planning for July 28 – August 3. Even if you haven't been to church in a while, this could be a great time to reconnect. Many parishes are specifically trying to create welcoming spaces for young adults during this celebration.



For more information on the Jubilee of Hope, visit <u>archny.org/jubilee2025</u>

