High School Safe Environment "Cyberbullying"

Resources and Assessment Materials

Cyberbullying

- Bullying is intentional, aggressive behavior repeated over time that involves unequal power, and causes injury or leaves the victim feeling fearful, hurt, distraught or isolated.

- Cyberbullying takes place through the use of a computer, video games, or a cell phone. Cyberbullying may happen with text messages, instant messaging, video games, Skype, Facebook, Twitter, or other social media sites.

"Netiquette" Rules

1. Keep your identity private.

2. Never respond to an e-mail, instant message, chat comments or other social media messages/ posts that are hostile, inappropriate or in any way make you feel uncomfortable.

3. Never, ever, arrange to meet someone you meet online without parental permission AND supervision.

4. Always talk with your parents to establish rules and expectations for going online.

Name _____

Bullying Action Plan

Take time to reflect on bullying. What steps would you take to combat bullying in your community?

1. In your own words, what does bullying mean to you?

2. Have you ever personally been bullied? What was the experience like?

3. What can you do as a high school student to stop bullying in your school?

4. A friend comes to you and says she is being bullied on Facebook. What do you do?

Name _____

Internet Safety Scenarios

Write a brief response to each of the questions below.

A) You create a screen name by using your first name, last initial and birth date to make it easy for you to remember. It is easy to remember, but is this screen name a good idea? Why or Why not?
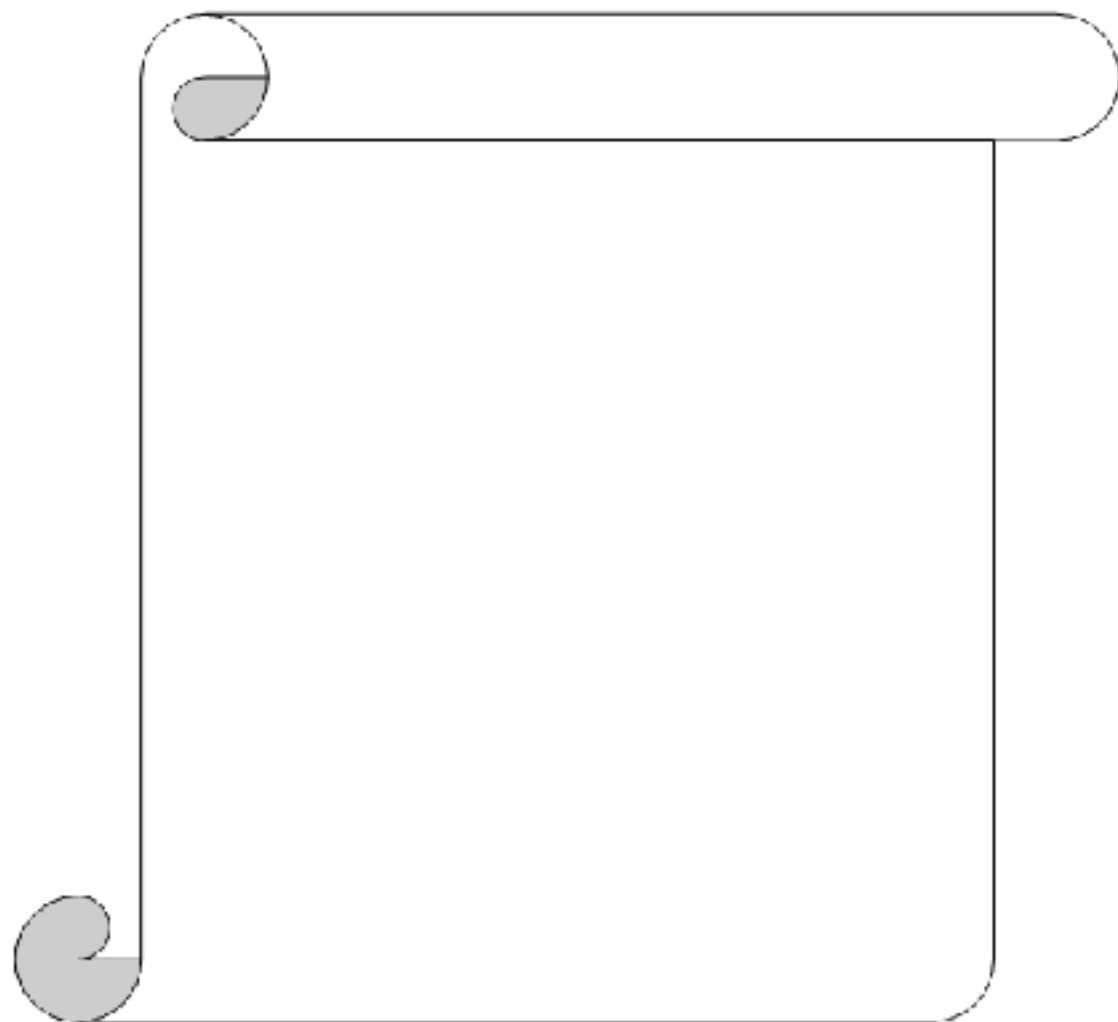
B) You just moved to a new city. You are in a chat room and someone starts to talk to you. She says she is your age and lives in a nearby town. At the end of a long conversation, she says she wants to meet with you. You really want to make some new friends and are interested in meeting her. What do you do?

C) You are creating your own blog. You want to make it in your personal style. What information should you put on it and what should you avoid putting on it?

Name _____

Ten Commandments of Internet Safety

Make a list of the rules to follow about being safe on the internet (including websites, Facebook, Instagram, chat rooms, etc.)