

## What a Good Friend Does

### A Lesson on Friendship

#### Grades 1-3

**Goal:** Students will learn the difference between treating others with respect and using others as a means to an end. Activities will reinforce the qualities of a good friend, and the responsibilities we have for one another.

### ***Diving into Dignity***

Human dignity is **universal**. This means every person has dignity. No matter how old or young, strong or weak, every person has dignity simply because they are human. Today we'll learn about how to respect the dignity of others through friendship.

*Based on the Human Dignity Curriculum (World Youth Alliance)*

**Lesson:** Today's lesson is about friendship. Each and every person is created in the image of God. In God there are 3 persons, the Father, the Son and the Holy Spirit. This is called the Trinity. This means that God is always living in perfect friendship within Himself. This is a mystery. God created us to be in friendship with others.

#### **Discussion:**

What does it mean to be a good friend?

What are some of the qualities you like in friends?

What are some of the qualities you have that help you to be a good friend to others?

**Activity:** Ask students to pair up with someone they might not know well or play with often. Tell them that part of being a good friend is recognizing the good qualities in other people. Ask them to share the good

**Watch:** Frog and Toad Stories: [The Letter](#) & [The Garden](#)

**Activity:** Complete the [worksheet](#) on page 9.

#### **Discussion:**

What makes Frog and Toad such good friends?

What qualities do they have that make them care for each other so much?

What can we do to be a good friend?

Should we be friends to just those people that we know and like? Or does Jesus ask us to go out of our way to be friends with people who don't have friends and might get left out? How can we do this?

**Prayer:**

Heavenly Father, You created us in Your image of love and friendship. Help us to be good friends to others. Help us to share what we have with those without. Help us to be kind to those in need.

Help us to be loyal to friends who trust us. You showed us that good friends will do anything for each other. Friendship is important in being a good Christian. We ask you to send your love into our hearts. Let us know you always love us. Help us to share your love with all of our friends. Amen.

**Teachers' Note:** *This day's activities correspond with the study of Human Trafficking for the older grades. Part of this discussion focused on keeping kids safe, particularly on the internet. On [this website](#), you will find resources for internet safety for kids of all ages. Please review these and share them with your class parents as appropriate.*

*Lesson adapted from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website*