



ARCHDIOCESE OF NEW YORK  
YOUTH FAITH FORMATION

# Parenting *In an Age* Of Stress

*A presentation for all parents*

*Thursday*  
**November 3**  
**7:00 PM**

**St. Denis,  
602 Beekman Rd,  
Hopewell Junction**

Co-Sponsored by St. Denis Parish  
& The Department of Youth Faith Formation



*Presenter*

**Dr. Anthony Puliafico**

Anthony Puliafico, Ph.D. is an associate professor of medical psychology in the Division of Child and Adolescent Psychiatry at Columbia University. He serves as director of Columbia University Clinic for anxiety and Related Disorders (CUCARD). Dr. Puliafico also directs CUCARD Westchester's Anxiety Day Program, which provides daily treatment programming for adolescents with anxiety, OCD, and school refusal.

This presentation is free & open to parents of children of any age who want to help their children cope better with the stress of daily life