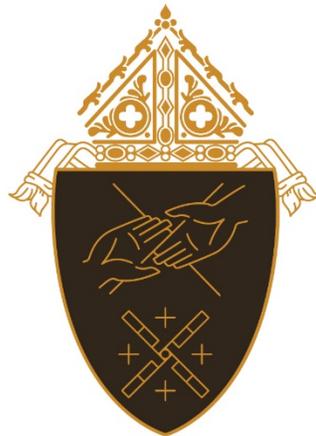


**BUSY PERSONS’
HOLY WEEK RETREAT**

April 11 -16, 2022

***“The Lord is my Light
and my Salvation”***



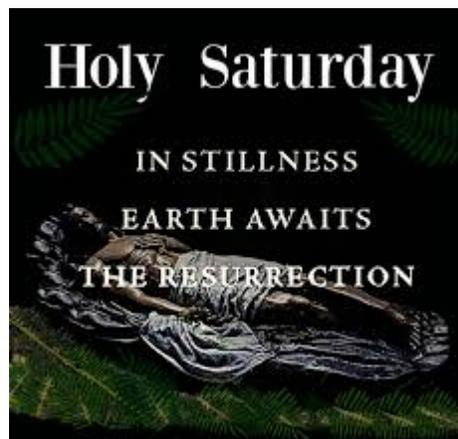
**ARCHDIOCESE OF NEW YORK
CULTURAL DIVERSITY APOSTOLATE**
Black Ministry

DAY 6 – Saturday, April 16, 2022

Day 6 - Saturday, April 16th ~ HOLY SATURDAY...

"Come, let us worship Christ, who for our sake suffered death and was buried...but will rise again!"

NO MASS TODAY UNTIL EASTER VIGIL (after sundown)



Suggested Activities:

- **Spend some time in Adoration** or Private Prayer
- **Attend or view TENEBRAE** ("Office of the Shadows")
 - [St. Charles Borromeo Church](#) website, Harlem @ 10:00 a.m.
- **Attend the Easter Vigil** in-person or virtual (fulfills Easter Sunday Obligation)
 - [St. Patrick's Cathedral website](#) at 8:00 p.m.
 - [St. Charles Borromeo Church](#) website, Harlem @ 7:00 p.m.
 - [St. Paul the Apostle Church](#) website, Lincoln Center NYC @ 8:00 p.m.

Musical Selection: *Psalm 63: My Soul is Thirsting* by Rawn Harbor ([CLICK HERE](#))

***This is the day that the Lord has made;
let us rejoice and be glad in it. ALLELUIA!!!***

“The Lord is my Light and my Salvation”

The title of this Busy Person’s Retreat is inspired by the recent events of 2022. As we enter Holy Week, we can see that this year, so far, has been filled with both positive and negative events. The Global pandemic of the Coronavirus is still on our minds, the insecurity in Haiti, Nigeria, and other countries with the kidnapping of missionaries and civilians, the acts of aggression between countries like Afghanistan, Russia, and Ukraine, as well as the joyous celebrations as we welcomed and ordained a new Bishop in Brooklyn and new Auxiliary Bishops in the New York Archdiocese. In all of this, we are asking “What is the Spirit saying to each of us, and our contemporary world?”

While we may be tempted to rush through this self-directed retreat in one sitting, we are invited to slow down, breathe, and take each of these three days before the Easter Triduum separately as we begin this journey. Some writers refer to Holy Week as “The week that changed the world.” With God as our light and our salvation, are we ready to walk this road with Jesus, the light of the World?

Retreat Prayer

God, you have called people of every race, language, and culture to accompany you on your journey to the Cross. You have promised us that you will be with us as we carry our Crosses. We know that you are always seeking the best for us. You know our needs before they reach our lips. Be our light and our Salvation. Let this retreat be for us a place to rest in your love. Speak to our hearts, Lord! Help us. We need you more than ever. Amen



Musical Reflection: *Psalm 27: The Lord is My Light & My Salvation* -
by Rawn Harbor [**CLICK HERE**](#)