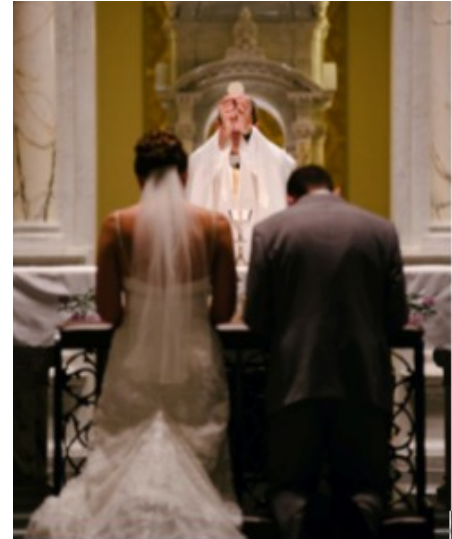


Start With a Strong Foundation



**Focus on the meaning of becoming
a Sacrament!**

**Connect with Catholic Engaged
Encounter!**



What is Catholic Engaged Encounter? A pre-cana marriage prep weekend to help you and your fiancé prepare for your life together as husband and wife. Our in-person retreat is an alternative program that fulfills the pre-cana requirements of the Archdiocese of New York and other Dioceses. Catholic Engaged Encounter of Lower Hudson Valley has been supporting engaged couples for over 45 years. “A Wedding is a Day, A Marriage is a Lifetime®”

Who We Are and What We Do

- Pre-cana marriage preparation with lively, interactive presentations; self-reflection; and couples' dialogue.
- Gain the tools for a healthy and successful marriage. Effective and open communication is one central point of the weekend.
- Look at your relationship in a focused, intimate, and faith-centered way.
- Endorsed and approved by the Catholic Church. We are officially recognized by the Pontifical Council for the Laity.
- Emphasis is on promoting Christ centered marriages.



lowerhudsonvalley.engagedencounter.com

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