

Family Faith at Home



Make Sunday Come Alive All Week!

The Department of Youth Faith Formation wants to support you and your whole family during this difficult time in our world. Each week we will be sending out this resource which can help you reflect on the upcoming Sunday readings with your entire family.

Here are some ideas on how to use this resource:

- Consider reading one of the mass readings each evening.
- Do the discussion of the Gospel questions after dinner one night.
- Watch the video on a different night. Formed.org is graciously offering free access to our Archdiocese during this time. If you do not already have access, [you can sign up here](#).
- Pray the prayer each evening.



Fifth Sunday of Lent

Mass Readings:

Ezekiel 37: 12-14
Psalm 130: 1-8
Romans 8: 8-11
John 11: 1-45

[Readings can also be found at the United States Conference of Catholic Bishops.](#)

Discuss

Read the Gospel and then discuss as a family:

- What happened in this reading?
- What did Jesus do to Lazarus?
- Why do you think Jesus cried?
- Who are your closest friends?
- How do our friends help us when we are afraid or sad?
- Is Jesus your friend? What is it like to have Jesus as your friend? What would it be like if Jesus was your best friend?

Share:

Jesus' friendship goes beyond making us feel better, he can heal our brokenness. This means that He forgives our sins, strengthens us when we do not feel we can go on, and helps us see this hope is greater than any situation—even death. In the quiet of your heart, ask Jesus to continue to be your friend, to forgive your sins, and to give you hope when you are afraid.

Watch

For families with young children, watch a [five minute cartoon](#) retelling of the Gospel.

For families with older children watch the Fifth Sunday of Lent reflection on [Formed.org](#).

Pray

Dear God,
please reveal to us your sublime beauty that is everywhere, everywhere, everywhere, so that we will never again feel frightened. My divine love, my love, please let us touch your face. - *St. Francis of Assisi*

Do

This week schedule time to reach out to your friends via the internet or phone. Maybe schedule a virtual hangout where you can do an activity, eat lunch, or something else fun.

Name your friends in prayer each night. Pray that God becomes their friend and gives them hope when they are also sad or afraid.



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Other Resources for Your Family

ArchCare

ArchCare, the continuing care community of the Archdiocese, has established a 24-hour hotline to assist with any aspect of the coronavirus. If you have questions or other health-related concerns, call their hotline at 877-239-1998.

Catholic Charities of New York

Catholic Charities of New York provides or directs individuals and families to a variety of services ranging from financial to mental health. Do not hesitate to call them at 888-744-7900.

ADAPP

ADAPP, Archdiocese of New York Drug Abuse Prevention Program, has compiled a list of tools and resources for families, caregivers, and students including mental health and food assistance resources. [Click here for a listing of resources.](#)

Sunday Mass

Mass at St. Patrick's Cathedral is streamed live at 10:15 on Sunday in English

Mass at St. Anthony of Padua is streamed live on Facebook at 10:30am in Spanish

Department of Youth Faith Formation

The Department of Youth Faith Formation encompasses the Catechetical Office and Office of Youth Ministry. Collaboratively, these offices work with parishes and parish leaders to support their efforts to help young people (grades Pre-K to 12) and their families encounter Christ and grow in their Catholic faith. The Department provides training, resources, consultation, networking and events.

Catechetical Office

Website: NYFaithFormation.org

Facebook: [NYFaithFormation](https://www.facebook.com/NYFaithFormation)

Office of Youth Ministry

Website: OYMNY.org

Facebook: [oymny](https://www.facebook.com/oymny)

Instagram: [@oymny](https://www.instagram.com/oymny)

Twitter: [@oymny](https://twitter.com/oymny)

