

# Family Faith at Home



## *Make Sunday Come Alive All Week!*

The Department of Youth Faith Formation wants to help you and your whole family explore God's Word in your lives. Each week we will be sending out this resource which can help you reflect on the upcoming Sunday readings with your entire family.

Here are some ideas on how to use this resource:

- Consider reading one of the mass readings each evening.
- Do the discussion questions after dinner one night.
- Watch the video on a different night.
- Pray the prayer each evening.



## *Sixth Sunday in Ordinary Time*

### **Mass Readings:**

Leviticus 13: 1-2, 44-46

Psalms 32: 1-2, 5, 11

1 Corinthians 10: 31-11:1

Mark 1: 40-45

*Readings can also be found at the United States Conference of Catholic Bishops.*

### *Discuss*

After reading the Sunday readings, discuss as a family:

1. Think of anyone in your daily life—work, school, or sports—who may be mistreated because of how they look or dress. What positive things we can do to make them feel better?
2. In the second reading St. Paul is writing to the Corinthians. He tells them that everything they do is for the glory of God. How can you show God's love to others in your actions to both friends and strangers? How can we treat people like Jesus did?
3. Does it matter if we break some of the rules?
4. What might you do the next time you are tempted to break a commandment?

### *Share*

In the Gospel, Jesus, once again, stops to help someone who is sick. He heals a man with leprosy. People with leprosy both looked and smelled very badly. Since other people could catch the disease, lepers were forced to leave their communities and live outside of the towns. Jesus tells the leper to go to the priests and show himself to them—so the leper could fulfill the laws we heard from the first reading. Jesus also tells him not to tell anyone on his way that he was healed from leprosy. But he tells everyone! Why would Jesus not want everyone to know? Possibly because, as we in the Gospel, Jesus would be prevented by the crowds from entering the city and preaching.

### *Watch*

For families with small children, [watch this video.](#)

For families with older children, [watch this video.](#)

### *Pray*

Heavenly Father, you know every decision I need to make and every challenge I face.

Please forgive me for the times I try to figure this life out on my own. I need you.

I need your Holy Spirit to give me strength, wisdom, and direction. Amen. (Crosswalk.com)

### *Do*

Begin each day by asking God to help you to be an example of Jesus by loving your neighbor as yourself, helping those in need and sharing with those who are hungry or poor in whatever ways you can.

