

Archways



BLESSED_{vs.} STRESSED

*7 Ways the Church Can
Give Your Life Balance*

We Are the World

New York's Catholics Come
from Everywhere

Giving Thanks

By Giving Help to Others

Showing Mercy

To Immigrants and Asylum-Seekers

Plus:

What's New at School

Halloween: The Catholic Context

Avoiding the Dark Side of Digital

Arabic-language Mass,
Good Shepherd Church,
Yonkers



COUNTING BLESSINGS

"The peace of the Lord be with you always."

Who doesn't love this part of the Mass? It comes shortly after the great mystery of the consecration, when bread and wine become the very body and blood of Christ. We just have prayed the Our Father together. Here, right before Holy Communion, the liturgy gives us the invitation to greet one another with a prayer for the peace Jesus came to bring.

"And with your spirit," the congregants respond. Then the people of Christ turn to offer each other the sign of peace. We smile, wave, shake hands, embrace, look one another in the eye. The barriers that separate us fall away for a moment. It's an interlude of quiet joy during which we see and recognize our brothers and sisters, be they neighbors or strangers.

In this simple gesture, we are carrying out a piece of Christ's plan for us. Why should we not feel uplifted and calm? We've just been reminded of Jesus' own words: "My peace I leave you. My peace I give to you." And we are about to experience a holy communion with the Lord in the most blessed Eucharist.

In days like these, when the world seems to press in on us from all sides, when the demands of our lives can at times seem like a tyranny, we need

more than ever to embrace God and our communities. We must understand that without peace of soul there is no true peace of mind.

This Fall 2018 issue of *Archways* reminds us that the Church offers



many paths to peace for those willing to disengage from a hectic pace long enough to walk them. Not many of us are able to do as the apostles did – to leave behind everything and follow Jesus – but too many seem unable to leave *anything* behind, even for a moment, an hour, a day. We have become

consumed by our own possessions, worries, and earthly burdens. That's bad for the eternal soul, and it makes us miserable, too.

One of the many wonderful things about the Peace of Christ – in this personal sense – is that no complex strategies are required to achieve it. First, realize that you are not alone. Connect with God and with those around you. Attend Mass. Help your brothers and sisters in the community and beyond, and have the humility to ask for help when you or your family are in need. Arm yourself with knowledge of your faith. Seek a purposeful life. Be prepared to receive God's mercy and grace through the Mass and the sacrament of reconciliation, through prayer, God's Word, and a sense of gratitude.

It may seem odd to speak of personal peace in an era when suffering, cruelty, and fear hypnotize much of the world. Yet, when we have our own lives in balance, we can be so much more effective at helping others.

In this great country, autumn reaches its height in the holiday of Thanksgiving – and a day devoted to gratitude is a first step on the way to peace of mind and soul. This year, as we give thanks for our many blessings, let us offer one another the sign of peace.

Faithfully in Christ,

+ *Tim. Card. Dolan*

Timothy Michael Cardinal Dolan
Archbishop of New York

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ASK A PRIEST

What is the significance of Halloween to a Catholic?

It may surprise you to learn that Halloween has strong Christian roots. The name of the holiday is derived from “All Hallows’ Eve,” which refers to the evening before the Solemnity of All Saints. The celebration of November 1 as All Saints’ Day was instituted by Pope Gregory III in the 8th century, when he dedicated a chapel to all saints in Saint Peter’s Basilica in Rome. Over the next couple of centuries, the related commemoration of All Souls’ Day on November 2 began in French monastic communities and eventually spread throughout Europe.

Both All Hallows’ Eve and All Souls’ Day were devoted to the remembrance of those who have gone before us, and they were marked by various local traditions, such as the Irish jack-o’-lantern, which was originally carved out of a turnip or gourd and used to represent the soul in purgatory. The custom of dressing up in macabre costumes developed in France in the 14th and 15th centuries during the time of the bubonic plague, as a way of reminding people of their mortality and the need to care for the health of their souls. In addition, throughout medieval Europe, many people baked “soul cakes” on All Hallows’ Eve to commemorate deceased relatives and friends, and gave the cakes to neighbors in exchange for a promise to pray for the faithful departed. In

some cases, the children who brought these cakes door-to-door dressed up as the souls in purgatory, and it is thought that this may be the origin of trick-or-treating.

favorite saint. Families might wish to attend Mass on All Hallows’ Eve and offer prayers for deceased family members and friends. Finally, parents can remind children that, beyond the



An All Saints’ Day observation at Old Catholic Cemetery in Dresden, Germany.

For most people, as a popular contemporary holiday, Halloween has lost its original focus on invoking the intercession of the saints and offering prayers for the deceased – but Catholics can still observe the Christian meaning behind the secularized practices. For example, parishes sometimes sponsor Halloween festivals where children are encouraged to dress up as their

fun of parties, candy and decorations, Christians believe that the true joy of this time of year is found in Christ’s victory over sin and death and His invitation to share in the joy of His resurrection, both on earth and eternally in heaven.

*Fr. Matthew Ernest
Director, Office of Liturgy
Archdiocese of New York*

Should I consider becoming a deacon?

Yes, if you are prepared to dedicate yourself to a ministry of service. We seek men whose hearts are filled with the desire to follow the example of Jesus in bending to wash the feet of their brothers and sisters. The virtues of humility and compassion are essential. Indeed, the deacon has a liturgical role, but his real ministry is charity: to be in the world in service to the people wherever they may be – in hospitals, in nursing homes, in the community.

Becoming a deacon is a five-year process, starting with an inquiry period: a year of discernment, learning about spirituality and getting accustomed to the Liturgy of the Hours

(the prayers that mark the hours of each day – readings, morning prayer, daytime prayer, evening prayer, night prayer). Inquirers meet twice a month. They make a day of recollection and are invited (with their wives, if they are married) to a three-day retreat.

At the end of the inquiry period, if they are accepted into the program, the men commit to four years of academic, spiritual, human and pastoral formation. The academic dimension may lead to a master's degree in theology; those who do not have an undergraduate degree are required to take the graduate courses on an audit basis. In addition, the men engage in pastoral work: one

year ministering to the poor, one in religious education, one in a hospital or nursing home ministry, and one in palliative care, learning to minister to those who are near the end of life.

Generally, the men in formation are working full-time in addition to studying and performing service. Upon ordination, the reward of formation is the opportunity to minister in charity, growing ever closer to God while serving as a bridge between the sanctuary and the people of the Church. Although none of us is truly worthy of ordination, it is a great honor to minister as a deacon.

*Deacon Francis B. Orlando
Director of Diaconate Formation
Permanent Diaconate Office,
Archdiocese of New York*

Have a question for a priest (or deacon or nun)? Send it to archways@archny.org and we just might answer it in our next issue!

HOMILY HUMOR

A Joke from a Priest

*Fr. Louis Jerome, Pastor
St. Charles Parish, Staten Island*



A priest was saying a family Mass and during the homily had all the children line up at the altar. He asked them what they knew about the various vessels used during Mass.

Showing the chalice, he asked, "What's this?" A little boy raised his hand. "That's the cup you use for the communion wine," the boy said.

Next the priest picked up the paten, the small plate held beneath the host when it's presented to a communicant. A little girl waved her hand eagerly.

"That," she shouted triumphantly, "is for all the tips that you get!" ❄



Get Away From It All... and Get Back to God

It's hard to resist. You're in front of the computer, feeling burned out, when suddenly some piece of clickbait ("You Won't Believe These 1990s Wardrobe Malfunctions!") catches your eye. You know the link that's luring you is at best a waste of time and at worst a gateway to salacious content or a computer virus or both – yet the temptation can be strong.

To stop the impulse, try moving your body instead of your mouse: Stand and stretch, take a stroll, maybe say hello to an actual human. When you get back to your screen, check out the latest **3-Minute Retreat** from Loyola Press, which offers a few minutes of meditative prayer along with beautiful images and an uplifting soundtrack. Instead of feeling like a chump for clicking on trash, you'll end up feeling closer to God and better about yourself and the world.

For other Catholic digital resources, see "Blessed vs. Stressed," page 10. ❄

MIND, HEART AND SOUL

CLASS UPGRADES

It's that time of year: Students and parents have put vacation mode behind them. As they return to the classrooms, there are some exciting developments in store. The Catholic Schools of the Archdiocese of New York continue to report rising test scores and a consistent record of outperforming the public-school alternatives – but teachers and administrators are not resting on their laurels. Here's some of what's in store for 2018-19.

HERE COME THE ROBOTS!

This fall, kindergarteners at Catholic schools in eight counties are meeting Dash and Dot, two spherical blue robots who will help them develop their computational thinking skills. Using a tablet-based program, students will learn to control the robots, giving them tasks and mapping out routes for them, then estimating the positions of Dash and Dot at particular points in time; they'll even pick up some basic coding skills in the process. Over the summer, teachers and administrators were trained in the use of the robots: "Dash and Dot are so responsive," one teacher said. "It's a great tool to get students' attention." The program was developed in partnership with St. John's University.

THE GOOD SIDE OF TESTING

Assessment tests are not nearly as fun as little blue robots, but the NWEA MAP assessments, introduced into archdiocesan schools last year, are going to pay off for students and families in the long run. The results of tests in language, math and reading will enable teachers and administrators to look at specific students' results to see how they're doing on mastery of key concepts and operations.

"Let's say Bobby was out sick for a

month and never mastered some specific skills in an earlier grade," says Susan Miller, assistant superintendent for curriculum and staff development in the archdiocesan schools. "In the old days, our assessments gave us only a generalized picture of student perfor-

mance. MAP allows us to target students for help in specific areas where they may have missed something."

It's all part of a blended learning program that uses technology to differentiate learning for individual students based on what they have or have not mastered. "This way, students do not need to struggle because they're missing some piece of the puzzle. It lets us figure out what piece they're missing and deliver it to them."

SPECIAL HELP

"Not every child learns in the same way," says Eileen Murtha, special education director for Catholic Schools in the Archdiocese of New York. "In

the archdiocese, there are more than 4,300 students with special needs. All of our schools welcome special needs children, and most have services from their local public school districts, but we wanted to try putting our own teachers and providers in there so that we could tailor the services and deliver a more Catholic education."

First rolled out three years ago at St. Adalbert's on Staten Island, the effort is now expanding to four more schools.



The new program includes a certified special education teacher, a dedicated resource room and integrated co-teaching model, a rotating educational coach to assist children with social learning, and training for current teachers.

Will the program expand to include more schools in the future? "I see this as starting out small with the intention to grow," Murtha says. "Because there's a really great need. Special needs children are so often the ones who get bullied and put down. What better environment than a Catholic school, where we're teaching the whole child and teaching everyone to respect one another, to educate these special young people?"



SAFE AT SCHOOL

SHIELDING OUR KIDS

AT THE END OF THE DAY

When the school bell rings every afternoon to signal the end of classes, many parents worry about what their kids will be up to. Traditionally, Catholic schools have offered a limited selection of once-a-week club options alongside after-school child care, which allowed parents to leave their children in a Catholic environment with the oversight of responsible adults.

This fall, the archdiocese is raising the bar with an enhanced program integrating after-school care with academic and performing arts clubs, sports and games, and other activities – all presented in alignment with the teachings of Christ. Catechesis will also be part of the mix, based around “values of the month” (Respect, Patience, Trustworthiness, etc.) being used during the school day. The specific activities and curriculum will be planned by the school principals but funded by the archdiocese.

For 2018-19, the enhanced after-school offerings will roll out to 14 schools representing all geographical regions of the archdiocese. Going forward, the idea is to bring in more schools, but there’s no set timeline. “We are going to see what works, how it works,” says Cathleen Cassel, regional superintendent for the Rockland and Ulster/Sullivan/Orange regions, “and then make plans and seek funding for expansion.”

For more information, interested parents can call 646-794-2885 or go to catholicschoolsnny.org. ❖

The tragic shootings last spring in Parkland, Florida, and Santa Fe, Texas, have intensified the anxiety of parents, students and teachers everywhere. To date, there has not been a mass shooting at a U.S. Catholic school, but this has not made administrators complacent. Prayer may be our first and last line of defense, but when it comes to the lives of our children, it cannot be our only one.

“We just updated our crisis response protocol,” says Associate Superintendent Michael Coppotelli, who participated in a school safety committee for Catholic Schools in the Archdiocese of New York. “In coordination with law enforcement, each teacher has received updated training. Schools are required to do four lockdown drills and eight evacuation drills per year. No one wants this training to ever be

applied to a real situation, but should the unthinkable happen at one of our schools, our teachers, staff and students are prepared.”

The first step is to prevent a crisis from happening at all. “Many of our schools and outdoor areas have cameras and intercoms,” says Coppotelli. “Schools are locked during the day.” The district has relationships with state, county and local police, and officers visit schools regularly. Each school submits its safety plan to the superintendent’s office, and practices are constantly under review.

It’s impossible to say with certainty that nothing will ever go wrong. “The safety of the kids is our top priority every day,” Coppotelli says. God is the children’s main protector, but the teachers and administrators are doing everything they can to help Him.

NEW YORK CATHOLIC YOUTH DAY

YOUNG AND BOLD

On October 20, more than 1,500 teens from all parts of the Archdiocese of New York will come together to celebrate the sixth annual New York Catholic Youth Day. This year’s theme is “Be Bold!” – inspired by Pope Francis’ message for the 2018 World Youth Day: “Do not be afraid, Mary, because you have found favor with God.” (Luke 1:30)



God calls each of us, at every age, to be bold, but what does that look like? For Mary, it meant giving her life completely over to God. When she was called by name to become the mother of our Savior, Mary was a teenager; she was scared, and she knew most people wouldn’t understand her path.

Produced by the archdiocese’s Office of Youth Ministry, the event will help students discern what it means to be bold in their own lives – through music, talks, a service project, and Mass celebrated by Cardinal Dolan – and give them time to hang out, pray, sing and laugh.

For registration information and other details, see *Events*, page 28. ❖

TECHNOLOGY'S DARK SIDE

A conversation with psychologist Greg Bottaro



Digital technology and the Internet have brought us many benefits: timely access to information, the ease of staying connected to family and friends, the uplift of inspirational social media messages from Pope Francis, Cardinal Dolan and others. Unfortunately, most of us also encounter the harmful side of tech on an almost daily basis.

For an informed look at this issue through a Catholic lens, *Archways* spoke with **Dr. Greg Bottaro, PsyD.**, a psychologist practicing in Connecticut, New York and online. He is director of the CatholicPsych Institute (catholicpsych.com).

Archways: *What do you see as the most common damaging effect of technology use?*

Dr. Greg Bottaro: The most ubiquitous danger is distraction and the resulting lack of focus – how splintered and scattered we are becoming. That affects everybody, and it can lead to a spectrum of other problems, including depression and anxiety.

AW: *What about social media?*

GB: There's a lot of good that has come through the advancements in technology and social media. But when it's used without discipline, without intention, there's a danger of isolating yourself from reality, living in a fantasy world. At its worst, it brings out the dark side of people and feeds into the neuroses of adolescence. Sometimes people say cruel or hateful things on Facebook that they would never say in real life. The medium creates the illusion that your words are not going to do harm, so you throw stuff out there that might be really awful.

AW: *Is Internet pornography really such a big deal?*

GB: Especially for boys, internet porn is a dangerous issue. The brain of a teenage boy is experiencing a 20-fold increase in testosterone levels. And girls are also vulnerable. Back 20 or 30 years ago, there was the magazine under the bed. Occasions of exposure were few and far between. Now everyone is walking around with the world's largest pornography library in their pocket – really twisted stuff. That's what these developing brains are being exposed to.

It's damaging to adults, too. Some people are very deep into the addiction, and their expectations, the way they see themselves and others, the way they conceive of relationships, are being dangerously disordered. This causes upheaval in families. The dating scene is totally twisted because of it. And marriages are really threatened.

AW: *Why is the Internet so powerful?*

GB: It's now possible for digital marketers to watch our online behavior and measure our responses. If we're not careful, we end up letting tech companies make decisions about how we live. Instead of intentionally deciding, with reason and prayer and discernment, how we're going to spend our time, we are sucked into a world of digital choices made by people who have no regard for our spiritual or emotional health – where the dark side and the addictive process may be given free rein. That can lead to depression, suicidal thinking, anxiety disorders and substance abuse.

AW: *What do you counsel people to do to counteract these problems?*

GB: First, you have to make the decision to pause. Shut the door and stop the process. Say some prayers. Then take a step back and evaluate: How much is this a problem in your life? And be willing to make the sacrifices necessary. For some people that means turning off all phones and

“If we're not careful... we get sucked into a world of digital choices made by people who have no regard for our spiritual or mental health.”

screens one day a week, or shutting off all technology at eight o'clock. You have to be willing to analyze your problem and take smart steps to make it better. And parents have to realize they have the authority to say no. If your kids aren't mad at you about tech, you're probably not setting appropriate limits.

And you should know as much as possible about the technology you let into your house. Do some research. You're probably not going to learn to write code, but you have to understand what you're up against. Keep tabs on privacy settings and data sharing. Learn which apps and games come with serious downsides. Call your ISP. Make an effort instead of just being passive and going with the flow. Whether or not you have kids, you have to learn about the tech you allow into your life, because other people – if you let them – are going to be using it to influence your decisions and transform your life in ways that could do you harm. ❖

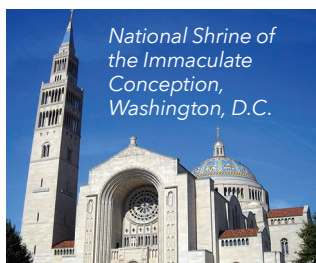
RETREATS AND PILGRIMAGES

SPIRITUAL GETAWAYS

If you'd like to spend a day or more renewing your spirit and deepening your faith, here are some scheduled events that might interest you. For more on retreats in the archdiocese, see "Channeling Peace," *Archways* Summer 2018 (archny.org/archways).

PILGRIMAGE

The theme of this year's Pilgrimage to the National Shrine of the Immaculate Conception in Washington, D.C. (October 6) is "In Her Care." Buses depart from various points in the archdiocese; sign up early to ensure a seat. For contact information, see *Events*, page 28.



RETREATS

Autumn Re-creation Retreat

September 14–16; Graymoor Spiritual Center, Garrison; graymoorcenter.org.

The glory of fall in the Hudson Highlands.

The Art of Well-Being

October 12–14; Mariandale Center, Ossining; mariandale.org. Learn to make listening to, reading and/or writing poetry a meditation practice.

Autumn Sabbath Weekend

October 27–29; Linwood Spiritual Center, Rhinebeck; linwoodspiritual.org. Contemplative silence with no set schedule; Eucharistic Liturgy is part of the experience. ❄



WAR AND FAITH

One hundred years ago this November, the "Great War" – World War I – came to an end, leaving a trail of devastation across Europe. Famous for its horrors – among them trench warfare, the use of mustard gas and the slaughter and maiming of more than 100,000 troops in the Dardanelles – the tragic conflict also left us with inspiring stories of heroism, self-sacrifice and mercy. The heroic role of chaplains – including notably Fr. Francis Duffy of New York's Fighting 69th Infantry, known for venturing into the thick of battles with stretcher-bearers to recover the wounded – left a significant mark on the culture of the era.

In honor of the many brave soldiers and chaplains from the Archdiocese



of New York who served in the war, the Sheen Center for Thought and Culture will host a series of events:

- An exhibit featuring the words and photos of chaplains and soldiers from the archdiocese, through Sunday, December 16.
- *All is Calm*, November 9 – December 30, a play about the famous Christmas Truce of 1914.
- "The Role of Faith in Times of War," a discussion led by a panel of priests, chaplains and historians, on Saturday, December 15.

For more information, contact the Sheen Center at (212) 219-3132.

CULTURE CORNER

Recently released and guaranteed to illuminate—or amuse.

BOOKS

Unchained: Our Family's Addiction Mess Is Our Message

In short chapters written alternately by Nancy Vericker and her son, JP Vericker, this searing memoir offers an unvarnished account of a family's agony, as JP slides into opioid addiction and his parents fight to help him survive: a story of hope and the hard-won triumph of love. clearfaithpublishing.com



Breakthrough: A Journey from Desperation to Hope

In a more conventional memoir, Fr. Rob Galea recounts his journey to the priesthood, beginning with his teenage descent into drugs, petty crime and acute depression. Salvation took the form of a telephone invitation – meant for his sister – to join a Catholic youth group. Ave Maria Press; available at Amazon and other booksellers.

Holy Hockey: The Story of Canada's Flying Fathers

Imagine a Harlem Globetrotters of the hockey world – a team entirely made up of Catholic priests. Formed to play a one-off charity match in 1964, the team went on to play more than 900 games over the next 45 years in Canada, the United States and Europe. Sportswriter Frank Cosentino recounts their antics in this suitably quirky history. burnstownpublishing.com

DVD

Pope Francis: A Man of His Word

This acclaimed documentary was released briefly to theaters in May – but, despite glowing reviews, was not widely seen by audiences. The film follows Francis around the world as he visits prisons, schools and slums, and speaks his mind on a range of subjects including economic inequality, clergy sex abuse, relations with Islam and the plight of refugees. Focus Films; now available for pre-order at various sites.



BLESSED^{vs.} STRESSED

7 WAYS *the Church Can Give Your Life* BALANCE

*Can any one of you by worrying
add a single hour to your life?
– Matthew 6:27*

To an engineer, *stress* is a force, a burden. It bears upon an object or a structure and, if it's strong and persistent enough, causes it to deform, perhaps even collapse. The factors at work are called *stressors*. If a bridge or a building or an airplane could worry, it would be in a constant state of anxiety about the effects of gravity, wind, water, temperature and vibration.

Unlike bridges, humans can worry, and we do. Sometimes it seems like the stressors in our lives are too numerous to keep track of. How can we protect ourselves and our families from all of the forces that threaten us? Some of our fears – hunger, homeless-

ness, disease, poverty, loneliness – are timeless and intrinsic to the human experience. Others seem to be more recent inventions, though they are no less burdensome: job insecurity, substance abuse, pressure to conform and consume, technological addictions of various sorts. Add to these school shootings. Terrorism. A toxic political environment. Sometimes the world seems to be losing its mind.

How can we keep from collapsing beneath the onslaught? All around us, we see the effects: a soaring suicide rate, a burgeoning addiction crisis and a skyrocketing incidence of clinical depression. For those not in the throes of full-blown crisis, there is a simmering anxiety.

For 21st-century American Catholics, swept up in the frenzy of contem-

porary life, it can be nearly impossible to keep priorities in perspective. On a day-to-day basis, too much of a good thing, or too many options, can create as much disquiet as dire threats. Meanwhile, too many of us are running in circles. And too many of us feel alone.

Fortunately, there is a way out of the maze, and it starts at the door of your parish. Walk in, and you will see that you are not alone: God is there to help you find your way, and your priest and parish community are there as well. Say a prayer. Meditate. Ask for help if you need it. Offer help if you are able. Then open your mind and heart to the ways in which the Church can help bring balance, purpose and peace to your soul.

#1

CONNECTION

To community, family and God

“We go to church not just for ourselves and God, but for the community,” says **Ela Milewska, director of the Office of Youth Faith Formation of the Archdiocese of New York.** “Sometimes you’re there for the person sitting beside you. And sometimes they are there for you.”

None of us has to go it alone – and

none of us should. The Church is the mystical body of Christ, and all Catholics are a part of it... as long as they show up and choose to participate.

Step one is simply going to Mass. The community gathers every Sunday not as a passive audience, but as participants in a ritual of faith and mutuality, praying and singing and contemplating together the mystery of life and the sacrifice of Christ. “Let us offer one another a sign of peace,” the priest says, and the parishioners turn to one another. A murmur arises and quietly fills the church with the joined voices of each congregant: *peace*.

Read the bulletin for opportunities to deepen your involvement in the

community. Find out if there’s a coffee hour after Mass. Look at the list of group meetings within the parish, and find one that fits your interests. Introduce yourself to the pastor or a priest or deacon. Ask questions. Join in.

Of course your faith community does not end at the borders of the parish. The archdiocese provides avenues to connect you to God and the Church and your fellow Catholics on both a local and regional basis. Its particular offices – Family Life, Young Adult Outreach, Youth Faith Formation, Adult Faith Formation and others – offer support, counseling and events that bring together people with common interests. For information, go to archny.org/departments; also see Events, page 28.

Photo © Maria R. Bastone



St. Martin de Porres, Poughkeepsie.

We are not alone, for we are the people of God.

– Pope Francis, Saint Peter’s Square, June 26, 2013

Nothing puts our own troubles in perspective like helping others, and nothing brings peace of mind like knowing that our work is actually bringing comfort. A secondary benefit of service is that it brings volunteers closer to their community through fellowship with other volunteers and social connection to the people they are helping.



Beware the inner voice saying you're too busy or that you will have to wait until your kids are out of the house. It's worth making time for service, especially for parents, as there are great opportunities to volunteer

with your kids, imparting valuable life lessons in the process.

If you haven't done any volunteering for a while, start at the parish level. If you have useful skills or a particular area of interest, tell your pastor or another parish leader. An act of service can be as simple as baking cookies for a parish bake sale or as demanding as coordinating a major fundraiser, although it's probably a good idea to start small. Eventually you could be teaching religious education classes, serving meals for a community soup kitchen, delivering coats to the needy or even helping build a house for a homeless family.

Those who would like to make a contribution beyond the parish level will find plenty of programs in the archdiocese happy to put their gifts to work. Under the umbrella of Catholic Char-

SERVICE

To others in need

ities of New York (catholiccharitiesny.org), dozens of agencies put out calls for volunteers. In this issue, see "Table of Plenty" (page 16) for information on programs geared to fighting hunger and "Compassion in Action" (page 20) for ways to help refugees and asylum-seekers find a home free of danger and oppression. Finally, ArchCare (archcare.org), the healthcare agency of the Archdiocese of New York, welcomes volunteers in its programs for the elderly and the chronically ill.

*Whoever brings blessing
will be enriched, and one
who waters will himself be
watered. – Proverbs 11:25*

KNOWLEDGE

Learning the truths of the faith

Confusion and ignorance are disquieting to the human spirit. We cannot look calmly upon the day if we don't understand the real nature of creation and our place in it. To this end, the Church offers faith formation tools to Catholics at all stages of life.

It's well known that the parishes and schools of the Archdiocese of New York offer religious education to children beginning in the pre-kindergarten years. But many Catholics are

unaware that faith formation services are also provided to those beyond their school years.

Many parishes offer bible study for adults, as well as other classes, lectures, panel discussions and excursions tailored to deepen knowledge and understanding of Christ's message and the practices of the faith. In addition to training leaders at the parish level, the archdiocese hosts public programs and lectures at St. Joseph's Seminary in Yonkers. The Young Adult Outreach Office (catholicnyc.com) offers educational events and even international trips, including recent pilgrimages to Fatima and Lourdes.

The Church is also incorporating

technology in this mission. "It used to be that if you wanted to participate in faith formation, you had to be able to attend evening or weekend sessions at the parish hall," says **Daniel Frascella, director of Adult Faith Formation for the Archdiocese of**

New York. "Now you can save yourself the travel time by accessing digital tools." Among these are Enlighten (fordham.edu/adny), a collaboration of the archdiocese

and Fordham University, which offers online courses, and Formed (contact formed@archny.org for your parish code), which provides an on-demand service featuring audio, video, e-books and feature-length films from some of the world's most highly regarded Catholic sources.

*Blessed are those who
find wisdom, those who
gain understanding.
– Proverbs 3:13*

SUPPORT

Programs and services to help you cope

There is no shame in asking for help. In each of our lives, there will be moments when we feel unequal to our circumstances, or when

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. – Matthew 7:7

we just can't solve our problems for ourselves. Fortunately, the Church is there for us, and so is the Archdiocese of New York.

Few things are more stressful than

experiencing a crisis in the family. Is your marriage showing signs of strain? Is your spouse or child facing a mental health or a substance abuse crisis? You don't need to carry that burden alone.

"If you have a parish, you should go there first," says **Dr. Kathleen Wither, director of the archdiocese's Family Life Office**. In many cases your pastor can offer emotional and spiritual support and may be able to point you to appropriate services as well as specific programs. For help with marriage, parenting or bereavement issues, Wither says, "If your parish isn't sure how to direct you – or you don't have a parish – you can contact the Family Life Office" (nyfamilylife.org or 646-794-3185). From there you'll be connected to a specialist who will listen and direct you to appropriate services or programs.

Catholic Charities (catholiccharitiesny.org) can also help with counsel-



ing services if you or a loved one are facing severe depression, anxiety or suicidal ideation, or if you're dealing with addiction or the threat of homelessness or deportation. ArchCare (archcare.org) can assist with caring for a sick or elderly relative.

There is no peace for the slave of a wicked master. When a person is addicted to drugs or alcohol, technology or porn, they can never relax – and often their family and loved ones endure equal turmoil. To make matters worse, it's hard to ask for help because that means admitting there is a problem.

"A person in an addiction crisis puts walls up. You're ashamed," says Nancy McCann Vericker, a youth minister and religious education director at Immaculate Heart of Mary in Scarsdale. Her book, *Unchained* (see Culture Corner, page

9), tells the story of her own family's struggles with her son's drug dependency. "In cases of illness, a community has norms – bake a cake, bring a dinner, offer a prayer," Vericker says, "but addiction requires an additional level of grace." Fortunately, her family had good relationships in their parish. "There were people I trusted. I knew they would not judge us," she recalls. "It's 95 percent relationships."

For a family with no parish and no one to trust, the situation is more difficult – but not impossible. They can start with prayer, then talk to a local pastor or

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

– Proverbs 3:13

LIBERATION

From sin, addiction, compulsion and the imperatives of a secular culture

contact Catholic Charities (catholiccharitiesny.org) to seek counseling and treatment for the addicted person. It's imperative that they break out of their isolation and accept help. "As a parish youth minister, I want young people to know that they are never alone," says Ela Milewska. "There is God, and there is a community."

PURPOSE

Finding a role in the Church, in the community and in life

“Until you reckon with the question of life’s meaning,” says Daniel Frascella, “even time spent in service may not fill the void.” In other words, volunteering by itself can end up being as anxiety-producing as any other work if it isn’t done in the context of a solid and informed faith in God.

To prevent this paradox and to deepen knowledge about the faith, the

archdiocese is facilitating the continued rollout of Discovering Christ, a seven-week series of experiential lessons in the basic messages of Christianity framed by the theme, “What is the Meaning of Life?” Leaders have been trained in the program in more than 30 parishes, and beginning in September it will be offered for all Dutchess County parishes.

Many find that it helps if they take on a defined role in the life of a parish. There are numerous roles to fill: Men with a deep desire to serve and a readiness to make a very significant commitment of time and energy might consider studying to become a deacon (see Ask a Priest, page 5). Catechists are always needed. Slots may also be



open for lectors, ushers and extraordinary ministers of Holy Communion (who serve the Eucharist at Mass or bring it to the homebound).

“There is no greater calling in the Church than to serve others. It brings a great sense of fulfillment,” says **Deacon Francis B. Orlando, director of Diaconate Formation for the Archdiocese of New York**. “Every Christian is called by God to serve.”

The path to God’s mercy is not hidden or secret, but walking it is not easy. The prodigal son returned to his father, but only after he found himself starving, searching for food among pigs – and even then he walked home hoping only to attain the status of a servant. To step into the light of God’s love and fully receive His grace, we must be honest with ourselves... and humble.

For Nancy Vericker, the sacrament of reconciliation offers “holy respite” to a Catholic in trying times; Jesuit

theologian John Hardon called it “a divinely instituted means of giving us peace of soul.” Most parishes also hold other rituals to uplift the spirit: devotions, morning prayer, novenas, Eucharistic adoration. These actively focus the mind of the participant on his or her relationship with God, which puts into perspective temporal worries about job, money, status and social slights.

One element present in many of these rituals is a practice that is popular in the secular culture as a stress-reducing tool. “You hear a lot of talk in the wider culture about meditation, as if it had been invented in the late 20th century,” says **Msgr. Douglas Mathers, vice chancellor of the Archdiocese of New York** and pastor of St. John the Evangelist / Our Lady of Peace in Manhattan. “But the Catholic Church has been practicing meditation for centuries in one form or another.”

Those who would like to practice meditation in a Catholic setting

MERCY

Receiving the grace and love of God

should consider visiting one of the archdiocese’s retreat centers (see Retreats and Pilgrimages, page 9; and “Channeling Peace,” *Archways* Summer 2018, page 20). There, depending

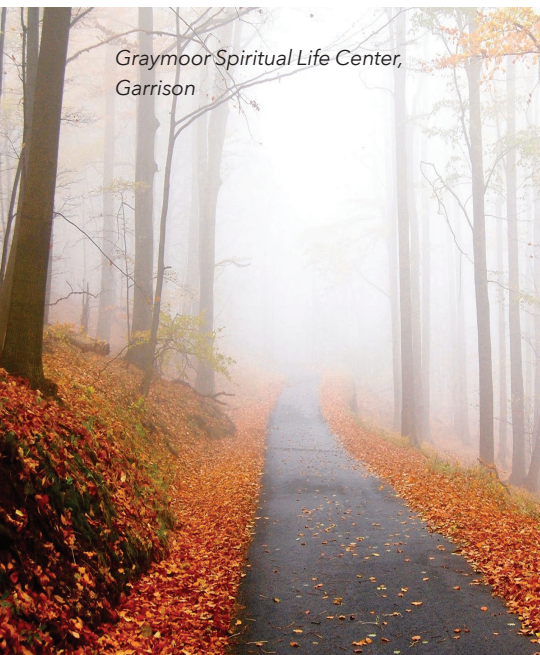
on the season, you may contemplate the lilies of the field: “They toil not, neither do they spin: yet I say unto you, that even Solomon in all his glory was not arrayed like

one of these... Be not therefore anxious for the morrow: for the morrow will be anxious for itself. Sufficient unto the day is the evil thereof.” (Matthew 6:28-34) ✠

*The Lord is good to all,
and His tender mercies
are over all His works.*

– *Psalms 145:8-9*

Graymoor Spiritual Life Center,
Garrison



21ST-CENTURY CATHOLICS



TABLE *of* PLENTY

*Spreading the blessings of
Thanksgiving to those in need*

After Labor Day, as the days get shorter and the nights cooler, our thoughts turn toward the comforting celebrations of autumn and winter. We stow away swimsuits and stack up firewood, get coats and sweaters out of storage, put warmer blankets on the beds – and prepare for football games, Halloween and Thanksgiving and, beyond them, Advent and the Feast of the Nativity.

If we're lucky, we can look forward to sitting down with family and friends at the end of November for a

The true joy of abundance is in sharing – with family and friends, but also with neighbors in need.

As Jesus said (John 3:17), "If anyone has the world's goods and sees his brother in need, yet closes his heart to him, how does God's love abide in him?" The Lord's prescription is simple: "Whoever has two tunics is to share with him who has none, and whoever has food is to do likewise." (Luke 3:10-11)

Those who want to share their good fortune and help the needy will find

Bronx

Part of the Solution (POTS)

Located in a modest brick building across Webster Avenue from Fordham University in the Bronx, POTS served its first meal in 1982. Today it provides a variety of services to 30,000 clients a year. "POTS is a one-stop shop," says John Kornfeld, director of development. "Clients come here with one basic need – hunger – but they will be offered multiple services."

The core of POTS is its Emergency Food Program, which serves lunch seven days a week in the Community Dining Room, for a total of 150,000 lunches per year. In addition, the POTS Food Pantry distributes ingredients for another 800,000 meals annually. The pantry is set up like a grocery store, where clients come once a month and select ingredients for nine meals per household member.

"Our goal is to help our clients get from crisis to stability to self-sufficiency," says Kornfeld. Beyond food, POTS offers day-to-day services – a shower program, mail room, barbershop and clothing room as well as a medical and dental clinic – and "next-step" services, including help enrolling in medical insurance, food stamps and Social Security disability benefits. A legal team is also available to help clients facing eviction or unlawful denial of benefits; in the 12 months ending June 30, POTS helped 490 families stay in their apartments. The workforce development program, begun in 2016, has helped more than 300 people find full- or part-time work and has helped hundreds more receive training and education.

As part of the POTS case-management approach, clients get the opportunity to work closely with a staff mentor toward a long-term goal. "The idea is to help the client set up a series of short-term goals that can lead to something bigger. For example, a client wants to make sure their kid can go to college. This client doesn't speak English, doesn't have a bank account. To help them get closer to the goal, we take them through some interim steps: First



Part of the Solution, Bronx.

*Feed the hungry! Help those in trouble!
Then your light will shine out from the
darkness, and the darkness around you
shall be as bright as day. – Isaiah 58:10-11*

joyous feast of turkey and stuffing, watching a parade, and marveling at the great American story of settlers who came to these shores centuries ago. We gather to thank God for our safety and good fortune.

Today, those of us who have been blessed with abundance must guard against complacency, lest we take it for granted or believe it is our right.

no shortage of options. If there is room at your table, you can invite someone who has no place to go on Thanksgiving to enjoy the festivities with your family and friends. You can donate to a food drive or volunteer to deliver food to

families in need, stock the shelves at a food pantry or serve a meal at a soup kitchen.

On the following pages, you will find profiles of three programs aimed at feeding, clothing and sheltering the needy around the archdiocese as well as a listing of opportunities to volunteer or donate food or money to anti-hunger organizations.

we enroll them in an ESL course. Then we help them open a bank account. And we arrange tutoring for the child.”

On any given day, POTS needs around 25 volunteers, mostly in the Community Dining Room and the

ed out by securing donations to provide groceries for six needy families.

Today, the pantry that bears his name provides food to more than 50,000 individuals each year. Paul and Linda Zalanowski, retired teach-

delivers backpacks to 12 schools loaded up with meals and snacks to get the kids through the weekend.

There is nothing haphazard about the meals provided at the Deacon Jack Seymour pantry. A real effort is made to get people to use fresh produce and other healthful foods. A nutritionist works with the program; volunteers help guide clients in their choices and, when the pantry has an abundance of a nutritious ingredient (say, fresh Brussels sprouts or kale), a “Cooking with Linda” video demonstrates how to prepare and serve the product in an appealing and tasty dish.

In the second quarter of 2018, the pantry gave out 118,000 pounds of food to 13,051 people. It sent home 5,265 bags for the backpack program. Volunteers also distribute school supplies at the beginning of September. “At Christmastime,” Linda adds, “we give out gifts for the children of the clients so they at least have one or two items under the tree.”

For Thanksgiving, Paul notes, “We work in partnership with an organization in town called Loaves and Fishes – with them we do a massive distribution of turkeys and everything that goes along with them – and also with a Protestant church across the river in Beacon, which supplies us with volunteers who bring over Thanksgiving dinners.”

Does the Deacon Jack Seymour Food Pantry need new volunteers? Yes, even though many slots are set aside for Newburgh students who need to perform service hours.

Interested parties should inquire at 845-561-1317 or email djsfoodpantry@gmail.com.

Manhattan Holy Trinity Breakfast Line and Food Pantry

At 8:30 a.m., 365 days a year, come rain or even heavy snow, the rectory door at Holy Trinity Church on the Upper West Side of Manhattan swings open and a small team of volunteers steps out to serve soup, sandwiches



Part of the Solution, Bronx.

“Our goal is to help our clients get from crisis to stability to self-sufficiency.”

food pantry. Pro bono volunteers – those with legal expertise and language skills – are also needed. Another opportunity: pitch in by organizing a drive to contribute necessities like canned goods and diapers.

To lend a hand, go to POTSBronx.org and click on “Give Help.”

Newburgh, Ulster County Deacon Jack Seymour Food Pantry St. Francis of Assisi – Sacred Heart Parish

In the mid-1990s, Deacon Jack Seymour of St. Francis of Assisi Parish saw that there was a hunger problem in the city of Newburgh, and he decided to do something about it. With the support of Fr. John Vondras, he start-

ers with a combined 60 years of experience in education, are co-directors of the program, which is run entirely by volunteers – 113 of them. The executive director is Fr. William Damroth.

“It’s called client choice,” Linda says. “According to family size, each client gets a ticket showing how many people they are entitled to pick up food for. Every week, they can pick out three days’ worth of food – breakfast, lunch and dinner – for each family member.” They can select ingredients in several categories: meat, non-meat protein, grain, vegetables, juice, fruit, canned goods, sweets. Also available are non-food items like shampoo, soap, toothpaste, diapers, clothing, books, glasses and pots and pans.

The pantry also provides a “backpack program” for children who are homeless or who need extra food. Every Friday, a team of retired teachers

and coffee to a line of 30 to 45 people who have gathered on the sidewalk. This is not a massive operation on the scale of POTS or the Deacon Jack Seymour Food Pantry, but it's what a small but successful parish-based food program looks like: members of a local church community banding together to help some of their less fortunate neighbors. The hungry clients gather in clusters on the church steps

from the community – money and non-perishables: tuna, pasta, etc.," Glazer says. "We know that on 96th Street, Holy Family has a thrift shop, so we send clothing donations there. And when people donate food, we hope it ends up here."

The truly local community nature of the Holy Trinity food programs lends them a deeper meaning. "We get a regular bread donation from the corner deli, at different times we also get unsold items from local cafés, various places will donate muffins... They say that there's enough food in the world; you just have to get it to the people who need it," Glazer observes. "In the last few years we only have had to buy bread once or twice a year."

The entire neighborhood, Catholic and non-Catholic alike, sees what is happening at Holy Trinity. Sometimes neighbors are annoyed at the clusters of people on the sidewalk, but at other times, they are inspired. "A few years ago one of our longtime volunteers brought in a guy who said he wanted to help. 'I'm a Muslim,' he said. I answered, 'Okay, we are Catholic.' He came two days a week for five or six

months, then he got busy with his new business. Once it got off the ground, we started getting a check from him a couple of times a year, and large food donations, too."

In addition to the food programs at Holy Trinity, the parish participates in a shelter at Ascension Parish on West 107th Street. The shelter provides dinner, a place to sleep and breakfast the next morning for up to 20 men on Saturday and Sunday nights.

To get involved with the Holy Trinity food programs or the Ascension – Holy Trinity shelter, call 212-787-0634 or email trinityreligious@gmail.com.
✱

SERVE!

If you're looking for opportunities to share your good fortune, there are many offered by the Archdiocese of New York and its parishes. Start by letting your parish leadership and members of the community know that you are interested in helping the hungry. Below are some specific programs and agencies to explore. (NOTE: If you're interested in serving on Thanksgiving Day, don't waste any time signing up; those slots are in high demand.)

Catholic Charities of New York

Under this big umbrella you will find many programs throughout the archdiocese working to feed our neighbors in need. You can browse through the agency and volunteer opportunities listings at catholiccharitiesny.org to find out where your help is needed.

St. Vincent de Paul Society

Founded in the 1830s and launched in the United States a decade later, this confraternity has branches in many parishes. Vincentians seek spiritual growth by offering person-to-person service to the needy and suffering. To donate or offer services, contact your parish St. Vincent de Paul Society or visit svdpsa.org.

Midnight Run

While this is not a specifically Catholic operation, many Catholic parishes and organizations participate in the program. Participants deliver food, clothing, blankets and personal care items to the homeless in New York City. Look in your Sunday bulletin or ask your pastor about a Midnight Run in your area; if you'd like to organize a Midnight Run, you'll find information at midnightrun.org.

Parish Food Pantries and Soup Kitchens

Ask your pastor or keep an eye on the church bulletin to find out whether your parish hosts or partners with a food pantry or community kitchen in your area. There are too many of these for us to list here, but *Archways* will post a list digitally: go to archny.org/archways for more information.



Msgr. Kevin Sullivan, director of Catholic Charities of New York, at the annual Turkey Distribution in New York City.

or along the curb, eat their meal, then drift back to their lives. The volunteers clean up and make sure everything is in order so that the process can repeat itself the next day.

"At this parish, one of our main ministries is feeding people," says Colleen Glazer, director of religious education at Holy Trinity, who has been working in this food ministry since 1993. In addition to the Breakfast Line, Holy Trinity operates a food pantry, where people living between 77th and 96th streets can get one or two bags of groceries per month.

"We receive a lot of donations from the parish; we also get donations

21ST-CENTURY CATHOLICS

COMPASSION *in* ACTION

Catholic Charities of the Archdiocese of New York is giving aid to refugees, asylum-seekers and immigrants. You can help.

Immigrants arriving in New York City, 1887 engraving.

You shall not wrong a sojourner or oppress him, for you were sojourners in the land of Egypt. – Exodus 22:21

The Bible is very plain on the question of immigration. In both the Old and New Testaments, we are enjoined to care for the stranger, the sojourner, the foreigner among us. In the parable of the sheep and the goats (Matthew 25:35-45), Christ makes it clear: “Come, you who are blessed by my Father, take your inheritance... For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in.”

This much is not a question of politics: We Catholics must recognize that strangers in our country are children of God. As Christians, we have a duty to show them mercy and compassion. Just like us, they need food and shelter, freedom from fear and oppression. They love their children and their parents. They possess human dignity equal to that of any American citizen and are entitled to be treated accordingly.

“All immigrants – whether they seek to reunify with family, escape violence or build a better future – bring the gift of their energy, skill and hopes,” says **C. Mario Russell, director of the Immigrant and Refugee Services Division of Catholic Charities of the Archdiocese of New York**. “We honor the needs and respect the dignity of each individual, and in this way work toward building a just and compassionate society.”

Immigrant and Refugee Services reaches out to immigrants through monthly legal clinics held at different locations around the archdiocese, and immigration court help desks, where volunteers staff a table in a courthouse 10 times a month to assist people as they are making applications and preparing for hearings and interviews.

In addition, the division operates the New Americans Hotline, where volunteers answer calls in more than 200 languages from people who may be facing deportation or have been defrauded by unscrupulous companies that promised to help them but only stole their money.

At the monthly clinics, applicants’ first point of contact is with a trained

qualified to remain in the U.S. Recently, there has been a particular focus on family separations and the protection of unaccompanied minors. The team is currently in the process of increasing its pool of lawyers to serve the rising numbers of people in need.

Volunteers are critical to all of these efforts. Recent stories of children separated from their parents have brought forth a number of attorneys and other volunteers who want to advocate for them, but help is still needed throughout the organization. Non-lawyers can receive training to serve as screeners, help-desk advisers and hotline operators. Bilingual volunteers are invaluable as translators at asylum hearings and teachers of English as a second language. Those who can’t commit to teach a class can volunteer to be conversation partners, giving clients a chance to practice their English-language skills.

Beyond the need for volunteers and resources, it’s critical that we cultivate an attitude of inclusion and acceptance among Americans. We need to recognize the humanity of all people, especially across lines of culture and ethnicity. As Pope Francis reminded us recently in a homily given on the Italian island of Lampedusa, God “needs us to fulfill his promise.... He needs our eyes to see the needs of our brothers and sisters.... He needs our hands to offer them help.”

Attorneys wishing to volunteer or sign on for pro bono work can contact Susan Marks at susanmarks@archny.org. Non-attorneys can contact Lucia Goyen at luciagoyen@archny.org. Volunteer opportunities are also posted at catholiccharitiesnyvolunteer.org. ✱



Volunteers at a monthly Immigration Legal Clinic in Yonkers. Assisting immigrants, refugees and asylum-seekers is one of Catholic Charities’ core missions.

volunteer screener, who asks them about their immigration concerns and fills out an intake form. An attorney then asks more questions, explains the applicant’s rights, and lets them know whether they have an option for immigration relief. If they do, they may receive help filling out forms at a pro se workshop, or their case may be assigned to an attorney – either internally or through the pro bono team, which can arrange for outside counsel to take the case at no cost.

At any given time, the pro bono program has more than 100 cases in various stages. To date, it has helped hundreds of immigrants navigate the U.S. legal system and prevented numerous deportations for those

“All immigrants – whether they seek to reunify with family, escape violence or build a better future – bring the gift of their energy, skill and hopes.”

WE

This page, clockwise from top left: St. Teresa's, Manhattan: China, first generation. St. Lucy's, Bronx: Albania, first generation. St. Barnabas, Bronx: Ireland, first through third generation. St. Barnabas, Bronx: Italy, first and second generation.



*A Gallery of
New York Catholics*



We come from everywhere. Here are a few of us.

Photographed by Gerri Hernandez

We learned in school that *catholic*, lowercased, means universal. Yet when most people think “New York Catholic,” they don’t picture the broad spectrum of humanity. They picture *Bluebloods*. They picture Caucasians, mostly Western Europeans, mostly of Irish and Italian heritage. Increasingly their vision might incorporate Hispanics and Latinos – but it’s still fairly homogeneous.

As with all stereotypes, this one ignores a reality that is far richer and more complex. In the Archdiocese of New York, Masses are said in more than a dozen languages, including

English, Spanish, Italian, Portuguese, French, Polish, Hungarian, Albanian, Cantonese, Mandarin, Tagalog (a Filipino language), Arabic, Garifuna (an Afro-Caribbean language from Central America) – and for good measure, even Irish Gaelic. At some parishes, Mass is said in as many as five languages each week.

At *Archways*, we have embarked on a photographic mission to celebrate the glorious diversity of New York’s Catholics. We are from all corners of the world, and we represent many nationalities and cultures. The Catholic Church embraces and welcomes us all

and invites us to celebrate both our differences and the great deal we share in the light of Jesus’ mercy and love.

There are nearly 300 parishes in the Archdiocese of New York. The pictures on these pages are from only a small sampling of them. It would take years – and many more editions of *Archways*! – to photograph and showcase the full range of New York Catholics, but there’s no better time than now to begin honoring where we came from and rejoicing in where we are now, together, in the universal community of God.

Top right photo © Maria R. Bastone



This page, clockwise from top left: Good Shepherd Church, Yonkers: Jordan, first generation. Immaculate Conception / St. Mary's, Yonkers: Ghana, first generation. St. Teresa's, Manhattan: China, second generation. Immaculate Conception / St. Mary's, Yonkers: Ecuador and Mexico, second generation. Good Shepherd Church, Yonkers: Jordan, first generation. St. Barnabas, Bronx: Ireland, second and third generation.





This page, clockwise from top left: Immaculate Conception / St. Mary's, Yonkers: Dominican Republic, first and second generation. St. Barnabas, Bronx: Ireland, first generation. Immaculate Conception / St. Mary's, Yonkers: Nigeria, first generation. Previous page: Immaculate Conception / St. Mary's, Yonkers: Mexico, first generation.

This page, clockwise from top: Immaculate Conception / St. Mary's, Yonkers: Cuba, first generation. Good Shepherd Church, Yonkers: Jordan, third generation. St. Teresa's, Manhattan: China, first generation. St. Patrick's Cathedral, Manhattan: Black History Month Mass, 2018. Following page: St. Teresa's, Manhattan: China, second and third generation.





EVENTS

ADULT FAITH FORMATION

Pilgrimage to the Shrine of the Immaculate Conception

Saturday, October 6 | Washington, D.C.

\$50 includes bus and box dinner

Cardinal Dolan leads the biennial pilgrimage. See page 9.

adnypilgrimage.eventbrite.com

ALFRED E. SMITH MEMORIAL FOUNDATION

The 73rd Annual Alfred E. Smith Memorial Foundation Dinner

Thursday, October 18

New York Hilton Midtown, New York City

Keynote: Nikki R. Haley, US Permanent Representative to the UN.

Master of Ceremonies: Jim Gaffigan, award-winning actor, writer and comedian.
alsmithfoundation.org/the-dinner

ARCHCARE

ArchCare Gala

Thursday, October 25

Reception 6:30 p.m.

Dinner and program 7:30 p.m.

Gotham Hall, New York City

Timothy Cardinal Dolan, Honorary Gala Chairman. Honoring Anthony J. Bacchi, MD, for the ArchCare Partnership Award. Hosted by Rosanna Scotto.

archcare.org/gala

ARCHIVES

The Great War and Catholic Memory: World War I and the Archdiocese of New York

Through December 2018

St. Joseph's Seminary, Yonkers

914-476-6333 | archives@archny.org

CATECHETICAL OFFICE

Archdiocesan Forum on the Catechumenate (RCIA)

Saturday, November 10 | 9 a.m. – 3:30 p.m.

St. Joseph's Seminary, Yonkers

Celebrating the 30th anniversary of the Rite of Christian Initiation of Adults.

Online registration opens September 15 at rciaforum.eventbrite.com

CATHOLIC CHARITIES

Catholic Renewal Fall Reception

Monday, September 17

New York Athletic Club, NYC

Honoring Dennis F. Dunne and

Deidre A. McGuinness.

646-794-2408

Carolyn.Koleszar@archny.org

Annual Thanksgiving Turkey Distribution

Tuesday, November 20

Kennedy Center, New York City

646-794-2433

anne.macgillivray@archny.org

FAMILY LIFE OFFICE

Parenting Leaders' Annual Advent Reflection and Luncheon

Thursday, November 29

9:15 a.m. – 1:30 p.m.

St. Francis of Assisi Church, West Nyack

Includes Mass and reconciliation.

646-794-3191 | susan.disisto@archny.org

Emmaus Ministry for Grieving Parents Retreat

Saturday, October 20 | 9:30 a.m. – 7:30 p.m.

San Damiano Hall, New York City

Serving the spiritual needs of parents

whose children have died, at any age,

by any cause and no matter how long ago.

646-794-3191 | susan.disisto@archny.org

Common Sense Parenting for Toddlers and Preschoolers

Thursdays, September 27 – November 8

9:30 a.m. – 11:30 a.m.

St. James the Apostle Parish, Carmel

Addressing practical, proven strategies for raising well-behaved kids.

646-794-3191 | susan.disisto@archny.org

OFFICE OF BLACK MINISTRY

2018 Pierre Toussaint Scholarship Fund Awards Dinner

Monday, November 5

Cocktails 6 p.m. | Dinner 7 p.m.

obmny.org | 646-794-2681 |

obm@archny.org

OFFICE OF LITURGY

Pray the Mass!

St. Joseph's Seminary, Yonkers

Saturday, October 13 | 10 a.m. – 11:30 a.m.

Session 1: "100% Satisfaction Guaranteed:

How to Get More Out of Every Mass"

Saturday, November 10 | 10 a.m. – 11:30 a.m.

Session 2: "Spiritual Workouts

to Get Fit for Mass"

nyliturgy.org/workshops

OFFICE OF YOUTH MINISTRY

Youth Ministers' Meetup

Saturday, September 15 | 9 a.m. – 4 p.m.

St. Ann's School, Yonkers

Speaker Frank Mercadante of Cultivation

Ministries, plus practical workshops

for your ministry.

Register at oymny.org/ymmeetup

New York Catholic Youth Day

Saturday, October 20 | 9 a.m. – 4 p.m.

Westchester County Center, White Plains

See page 7.

Register at oymny.org/nycyd | 914-367-8329

RESPECT LIFE OFFICE

Respect Life Sunday; Life Chains

Sunday, October 7

Throughout the Archdiocese of NY

The Church prays for the sanctity of human

life; many parishes will host a Life Chain,

a public witness for an end to abortion.

usccb.org/respectlife

40 Days for Life

Wednesday, September 26 –

Sunday, November 4 | Various locations

A focused campaign of prayer, fasting

and peaceful vigil at local abortion clinics.

40daysforlife.com

SHEEN CENTER

18 Bleecker Street, New York City

sheencenter.org | 212-925-2812

Little Rock

Through September 8 | Loreto Theater

The riveting true story of the Little Rock

Nine, the black students who spearheaded

school integration in America.

La Bruja

Thursday, September 27 | 7:30 p.m.

Loreto Theater

Nuyorican Poets Café at the Sheen Center presents *Caridad de la Luz*, a.k.a. “La Bruja” (“The Good Witch”), the Puerto Rican poet, actress and activist.

Jesuits & Jedi Episode II: The Dominicans Strike Back!

Saturday, September 29 | 7 p.m.

Loreto Theater

We return to “a galaxy far, far away” for a lively discussion about faith, philosophy and the Force.

Alfred E. Smith:

The Man Behind the Dinner

Monday, October 1 | 6:30 p.m.

Loreto Theater

Cardinal Dolan in a panel discussion with renowned historians Terrence Golway and Robert Slayton.

Great Books Series

Wednesday, October 3 | 7 p.m. | Studio A

Three outstanding Catholic novels:

Graham Greene’s *The End of the Affair*, Evelyn Waugh’s *Brideshead Revisited* and Walker Percy’s *The Thanatos Syndrome*.

John Courtney Murray, S.J., Lecture

Thursday, October 4 | 6:30 p.m.

Loreto Theater

Speaker: Arthur Brooks, president of American Enterprise Institute.

New York Voices

30th Anniversary Concert

Friday, October 12 | 8 p.m.

Loreto Theater

This internationally acclaimed jazz vocal group celebrates its 30th anniversary.

2018 Albacete Lecture on Faith and Culture

Saturday, October 27 | 8 p.m.

Loreto Theater

“Freedom from Reality?” by D.C. Schindler, on the essence of freedom and its forgotten origins.

Justice Film Festival

November 2 – 4 | Loreto Theater

Inspiring justice seekers by presenting films of unexpected courage and redemption that are diverse in their issues and geography.

All Is Calm:

The Christmas Truce of 1914

November 9 – December 30 | Loreto Theater

See page 9.

George Winston

Tuesday, November 27 | 8 p.m.

Loreto Theater

Returning to the Sheen Center after his sold-out show in 2017, Winston will play favorite pieces spanning his five-decade career.

YOUNG ADULT OUTREACH

For all events, go to catholicnyc.com

Young Adult Mass

Wednesdays, September 5, October 3 and November 7

Holy Hour and Confession 6:30 p.m.

Mass 7:30 p.m. (social to follow)

St. Patrick’s Cathedral, New York City

Young Adult Holy Hour

Wednesdays, September 19, October 10 and November 14 | 7 p.m.

St. Malachy’s, New York City

“You Did It To Me”

Homeless Outreach

Wednesdays, September 26 and October 24,

Sunday, November 18 | 7 p.m.

Union Square, New York City

Dutchess County Young Adult Mass

Last Wednesday of the month | 6:30 p.m.

Holy Trinity, Poughkeepsie

Orange County Young Adult Mass

Second Thursday of the month | 7 p.m.

National Shrine of Our Lady of Mount Carmel, Carmel

Ulster County Young Adult Mass

Third Thursday of the month | 7 p.m.

St. Mary’s, Kingston

Catholic Underground North

Third Saturday of the month | 7:30 p.m.

Mount Saint Mary College, Newburgh

SPECIAL EVENTS

Columbus Day Mass

Monday, October 8 | 9:30 a.m.

St. Patrick’s Cathedral, NYC

Tickets are free.

adnycolumbusday.eventbrite.com

EDITOR’S NOTE

Thank you for reading *Archways*, the quarterly magazine of the Archdiocese of New York. If you’re looking at our print edition, you may not be aware that the magazine is also available digitally. You can find a digital facsimile version at archny.org/archways.

In fact, twice a year (every other issue) we publish digital-only – so if you want to see our next issue, Winter 2018-19, scheduled to arrive after Thanksgiving, you’ll have to go to the same address. There you’ll be able to read it online, download it as a PDF or even print it out.

If you missed either of our two previous issues, you can view or download them at the same Web address. (We urge you to do so, as the pages are filled with useful information about activities and services offered by the offices of the archdiocese and supported by the Cardinal’s Annual Stewardship Appeal.)

As long as you are subscribed to your parish’s Flocknote list, you will receive an email whenever a new issue is published. That email will contain a link that will take you right to the *Archways* landing page. If you’re *not* subscribed to your parish’s Flocknote list, go to the parish website to subscribe or ask at the parish office.

Thanks, and God bless.

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