



**ARCHDIOCESE OF NEW YORK
OFFICE OF YOUTH MINISTRY**

50 Ways to Celebrate Easter

Created by OYM Team

- 1) Pray the 14 Holy Helpers Novena (<https://catholicnovenaapp.com/novenas/fourteen-holy-helpers-novena/#>)
- 2) Pray night prayer during the Easter Octave - did you know that liturgically during the octave, everyday is Sunday?
- 3) Choose one of the things you fasted from during Lent and make it into a "feast" for Easter (always with prudence and temperance, people! ;)
- 4) Take note of an area of "new life" in the lives of those around you today and bring light to that by mentioning it to the person. Let's lift each other up!
- 5) Make a point today to ask someone how you can support them in prayer - maybe even go out of your comfort zone a little and ask them if you can pray with them in that moment for their intention
- 6) Choose one of the saints from the resurrection accounts and choose one virtue in them to emulate over the next 9 days
- 7) Choose a modern saint and choose one virtue in them to emulate over the next 9 days
- 8) Share something positive about the resurrection on social media
- 9) Share something positive about your quarantine experience to bring new life to the growing staleness of staying home
- 10) Pray the rosary of the Seven Joys of Mary - (<https://www.ncregister.com/blog/astagnaro/the-joys-of-the-7-decade-seraphic-rosary>)

11. Send Easter cards to your families in the middle of the Easter season as a reminder of the joy that “Christ is risen. He is risen, indeed!”
12. Invite your teens to renew their baptismal promises with their families each day or week during the Easter season.
13. Read and reflect from a different aspect of the Easter story: Matthew 28; Mark 16; Luke 24; John 20-21.
14. Add an “alleluia” song—or three alleluias—to your grace before meals.
15. Celebrate new life by doing something to support unborn children and their parents. Example: Contact the Sisters of Life and ask for particular women to pray for and assign prayer to the teens.
16. Just before his ascension, Jesus blessed the disciples. Pray Numbers 6:24-26 together as a way of communicating his blessing to one another.
17. Read Acts 2, the Spirit’s coming at Pentecost. Read it in all the languages that teens and their families members speak.
18. Pray the novena to the Holy Spirit as we approach the feast of Pentecost.
19. Ask your teens to identify which gift of the Holy Spirit they’d like to focus on this year. You can making it fun and interactive by using this wheel. They then pray for God to

increase in them that particular gift of the Spirit until Pentecost comes again. Begin activity with this prayer.

20. Customize the same wheel for other randomized fun activities and challenges.
21. Create a new prayer space
22. Rejoice in the small things
23. Post your hero
24. Insta-prayer, share a prayer on your story
25. Create your own challenge for the day!
26. What's your joy? Share your joy!
27. How do you rejoice?
28. Face it challenge, approach something difficult (conversation or work)
29. I've fallen and can't get up - Saint Alert. Who are your favorite intercessors?
30. Hometown Heroes - what good is happening in your community?
31. Start a gratitude journal
32. Start a family rosary walk on the evenings, weekends or at least one day out of the week
33. Make a Jelly Bean Jar of good deeds. Every time you do something good add a jelly bean to the jar.

34. Pray the Divine Mercy Chaplet in song
35. Bake bread as a symbol of Jesus
36. Plant a resurrection garden as a family
37. Make time to do something that brings you joy daily (painting, singing, dancing, writing or reciting poetry, etc) and share this on social media and tag someone else to do the same
38. Have a family movie night and watch a movie on a particular saint
39. Create an edible rosary with cupcakes or Dunkin Donuts munchkins and recite the glorious mysteries
40. Go out of your way to encourage someone daily. Share how they have made a positive impact in your life via text, phone call, etc.

41. Create an Easter Celebration Tree
42. Pray for the Holy Spirit to fill your house
43. Light a candle in celebration of Easter
44. Pray a family rosary via Zoom
45. Draw a easter flower and send the picture to a friend
46. Share a video that brings you easter Joy
48. Sing an Easter song and ring a bell in celebration at 6PM
49. Design a Easter uptown Nike sneaker design
50. Pray the prayer to the Holy Spirit to prepare to share in the celebration of Pentecost