

## PARENT OVERVIEW OF SAFE ENVIRONMENT LESSON PLAN

**Grade: Second Grade**

### OBJECTIVES

The Second Grade student will

1. Describe situations that make them feel uncomfortable. (Review of First Grade)
2. Recite NO, GO, TELL as action plan for staying safe. (Review of First Grade)
3. Identify up to five adults who they can trust and turn to in times of need. (Review of First Grade) and name their location in school/home/community.
4. Identify the "buddy system" and "stranger danger awareness" as 2 ways to stay safe.

### OVERVIEW OF CONTENT

#### **PART ONE ~ THERE ARE ADULTS WHO PROTECT US**

This section of the lesson addresses ideas such as:

- God loves us and show His love for us by giving us adults who can help and protect us
- List trusted adults, what they do to protect us, and where we can find them if we need their help

#### **PART TWO~ UNCOMFORTABLE SITUATIONS**

This section of the lesson addresses ideas such as:

- Sometimes people do not respect our bodies and try and trick us or hurt us. They use bad touches with us and that makes us feel uncomfortable.
- We know when we are not safe because our bodies feel uncomfortable. This is our body's way of saying "something bad is going on". We should listen to our bodies when they tell us something bad is going on.

#### **PART THREE ~ NO, GO, TELL SAFETY RULES**

This section of the lesson addresses ideas such as:

- We have special rules about what to do if someone gives us a bad touch or if we feel uncomfortable – NO, GO, TELL action plan
- Practice NO, GO, TELL and affirming that if we feel unsafe to go tell a trusted adult

#### **PART FOUR~ BUDDY SYSTEM AND STRANGER DANGER**

This section of the lesson addresses ideas such as:

- Buddy system – what it is, when we use it, how it keeps us safe
- Be cautious of strangers - Bad people don't always look mean or scary. Sometimes they may smile and act nice and friendly to try and trick you.
- Strangers can be people that you don't know or people that you don't know very well.
- Practice "What If" situations and show how we can stay safe
- List of trusted adults who you can turn to for help

## ASSESSMENT MATERIALS

### Ask student to

- Draw a picture to illustrate the buddy system.
- Label hand tracing with names of 5 trusted adults.
- Match trusted adults to location where you can find them.
- Write NO, GO, TELL next to pictures that make you feel uncomfortable.