

PARENT OVERVIEW OF SAFE ENVIRONMENT LESSON PLAN

Grade: Kindergarten

OBJECTIVES

The Kindergarten student will

1. Identify up to five adults who they can trust and turn to in times of need.
2. Demonstrate good touches.
3. Recite NO, GO, TELL as action plan for staying safe.

OVERVIEW OF CONTENT

PART ONE ~ JESUS LOVES US

This section of the lesson addresses ideas such as:

- God's unconditional love for us
- Who, when, how, and why we feel loved
- God gave us holy and special bodies to show love to others
- We can use our body to speak a language without using words – body language charades

PART TWO~ GOOD & BAD TOUCHES

This section of the lesson addresses ideas such as:

- Discussion of good touches - smiles, hugs, high fives, kisses, or helping a friend
- Discussion of bad touches - punches, kicks, hits, hugging someone until it hurts, hugging someone when you shouldn't, and someone touching your private parts when they shouldn't
- God doesn't want us or anyone else to use bad touches

PART THREE ~ BOUNDARIES WITH OUR BODIES

This section of the lesson addresses ideas such as:

- Our bodies were made beautiful by God, designed with special private parts that are covered by a bathing suit
- These are extra special parts of our bodies which we don't show to everyone.
- We touch these parts of our bodies to keep them healthy and clean. It is not OK if someone touches your private parts when they shouldn't.
- NO, GO, TELL action plan to use if someone tries to touch the extra special parts of our bodies when they shouldn't – and practicing the steps
- List trusted adults who they can go to if they need help

ASSESSMENT MATERIALS

Ask student to

- Draw 3 trusted adults.
- Demonstrate good touches (observe individually during charades or ask during independent work).
- Match the words of the NO, GO, TELL action plan to the pictures and words that match.