

LIFE IS A GIFT

GRADES PK-K-Lesson II

Goal:


Students will learn what a conscience is and how they can begin to form theirs. They will learn about the role of conscience in making choices. They will learn that they can be leaders in doing good. They can help their friends make good choices too.

Lesson:

Our **conscience** is a sense in our hearts that helps us know what is right and what is wrong. Listening to our conscience means thinking carefully about what we should do instead of just doing what feels good at first. Sometimes we hear God talking to us in our lives through the voices of others who love us—parents, siblings, and teachers. They help us to choose what is right and avoid what will hurt us. God helps people in our lives to teach us what is good for us.

Sing and Dance:

[God is Always Working](#)



Holiness consists
simply in doing
God's will, and
being just what God
wants us to be

Activity:

Have students stand in the middle of the room and give them a series of two choices. One side of the room will be the good choice (the choice their conscience tells them to make) and the other side will be the easier and more fun option (emotions will tell them to make).

- Imagine you see someone steal something from a store. The criminal holds your favorite candy bar out to you and says you can have it if you don't tell anyone.
- Side 1: Tell your parents so they can call the police.
- Side 2: Take the candy bar and don't say anything.
- Imagine your mom leaves cookies out on the counter that you know are for a party later... but who will notice if one is gone?
 - Side 1: Take one cookie.
 - Side 2: Don't take a cookie because you know it will upset your mom.
- Imagine you spill some water on the ground. It will disappear or someone else will clean it up, but it's in a spot where your family might slip on it.
 - Side 1: Grab a towel from the kitchen and wipe it up.
 - Side 2: Leave it to go play and hope no one slips on it and hurts themselves.

Discuss:

- When you were making these choices could you feel which one was the right choice? Where could you feel it at? Your head? Your heart?
- The voice inside our heads/hearts that helps us to choose between right and wrong is our conscience. Our conscience is a gift from God.
- God wants us to make good choices and love others so our conscience encourages us to make those hard choices when sometimes we don't want to. Can you think of a time when your conscience was telling you to do something? Did you want to do it? Did you listen to your conscience?

Watch/Practice Using Their Conscience: [Right and Wrong](#)

Discuss:

- Did you make all of the right choices? Was it hard?
- Could you feel your conscience within you when you were making choices between right and wrong?
- Could you feel the tug of wanting to win versus the right thing to do by helping people?

- Our conscience helps us to make decisions like those because it can be hard to say no to things like winning when the alternatives don't seem as good at the time.
- How did Melfyn help those around her on the journey? A: honesty, sharing, caring, fairness, helpful
- Sometimes what we think is the right decision is actually not, so learning to listen to our conscience and not just our feelings is important so we always make the right, loving decisions that God wants us to.

Prayer: *In the name of the Father, the Son, and the Holy Spirit*

Dear Jesus,

I want to hear you when you talk to me.

Help me to follow you by loving my family and friends.

Show me how to choose to do good things every day.

Please always watch over us and keep us safe.

Amen.