**Goal:**
Students will learn what a conscience is and how they can begin to form theirs. They will learn about the role of conscience in making choices. They will learn that they can be leaders in doing good to help their friends make good choices too.

**Lesson:**
Often in life, we are faced with difficult choices. Should we do the easy thing, even if we know it isn’t the best choice? Or should we persevere and do the hard thing? Doing the right thing often requires courage. It might not be the most popular choice. And, it might not be what your friends are choosing to do. But, standing up for what is right and what is kind is God’s way. And, if we ask him, he will give us the courage to be able to do it.

**Bible Story:**
The Temptation of Jesus

Holiness consists simply in doing God’s will, and being just what God wants us to be.
Discuss:

- What did Satan try to tempt Jesus with? A: food, testing God, and power
- How did Jesus respond? A: with answers from the word of God
- Jesus is God so He knows better than we do what the will of God is. He can see clearly the lies of Satan. Sometimes we can’t see clearly the lies of Satan and falsely believe something that is bad is actually good. Can you think of a time you were tempted like Jesus? What did you do?
- Temptation is hard to resist. God knows that and He helps us to resist temptations so we can love Him the best we can. God gave us a conscience to help us to know right from wrong better. Do you know what your conscience is? A: an inner voice that helps you to know right from wrong
- When you are doing something or about to do something you are not supposed to, can you feel your conscience telling you not to do it?
- As we get older and learn more about God and the world around our conscience grows and matures just like our bodies. Like Jesus, we must stick to the word of God and learn it well so that we can better distinguish the lies of Satan from the truth of what God wants from us.

Watch:
God Gives Us Courage (from 5:18 to 21:00)

Discuss:

- Joy’s conscience tells her it is the right thing to do to recommend the new girl for the club but what other influence is telling her not to?
- Joy is scared to stand up to the club president but what bible story gives her the courage to do what is right? A: Esther
- What can we learn from the story of Esther?
- Does Esther have fear? Yes, but God gives her courage to save the Jewish people from the evil plot against them.

Activity:
Print sheets for students and follow this activity
Prayer: In the name of the Father, the Son, and the Holy Spirit

Dear Jesus,

Thank you for loving me and giving me courage.

I know you will ask big things of me—to be kind, honest, and loving even when it might be difficult to do so.

Always stay by my side so I can continue to be like you!

Amen