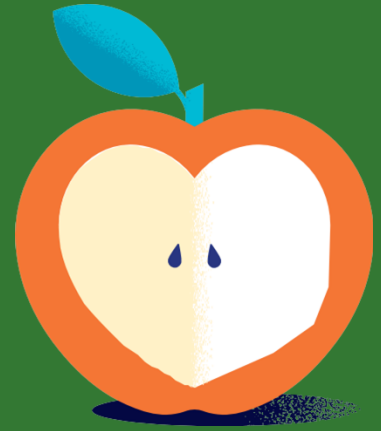




ARCHDIOCESE OF NEW YORK

# Your journey to a richer lifestyle begins here



## Receive up to \$100!

Having your annual physical and regular preventative screenings is an important part of staying healthy. As an incentive to keep our employees and their families healthy, we are awarding \$50 to members who complete their annual physical. Members who get a qualified preventative screening will receive an additional \$50.

## How do I get paid?

Simply go to your doctor for your annual visit and/or one of the preventative screenings below that is most appropriate for you and the Archdiocese will send you a check.

\*\*Remember to ask your doctor's office to bill your visit as an **Annual Physical** to ensure you get paid.\*\*

## Qualified Screenings

- Mammogram (recommended for women over the age of 40)
- Pap Smear (recommended for women over the age of 21)
- Colonoscopy (recommended for all members over the age of 45)

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