

God Is In Our Hearts: A Lesson on Forgiveness and God's Love

GRADES PK-K - Lesson II Year III, Day 5)

Goal: To help children understand when they should tell God they are sorry and that He always forgives them.

Lesson:

Watch: [Saying Sorry](#) and/or [How to Apologize](#)

Discussion:

Why is it important to say you are sorry when you hurt someone?

Does it make your mom or dad upset when you don't listen to them or don't do what they ask you to do?

Do you think you should say sorry to your mom or dad when you disobey or don't listen?

Story: There was a little boy named Liam who had a baby brother named Noah. Liam's mom asked him to help get Noah dressed. When he was trying to put Noah's shoe on, he accidentally pulled Noah's foot too hard and made him cry. Liam's mom was not angry because she knew it was an accident. Liam didn't hurt Noah on purpose, he was only trying to help.

- Who should Liam say "sorry" to? Why? (*to Noah, because he hurt him even though it was an accident*)

Later, Liam's mom told him to be careful and put away his action figures before he watched his favorite show so that Noah would not hurt himself. But Liam didn't want to wait to watch his show, so he left his toys on the floor. Noah found one of the toys and put it in his mouth. Fortunately, his mom saw him in time and made sure Noah didn't choke. She was sad and angry not just because Noah could have been hurt, but because Liam had disobeyed her.

- Who should Liam say "sorry" to? Why? (*to Noah putting him in danger, and to his mom for disobeying her*)

We need to say we are sorry whenever we do something to hurt someone else, even if it's an accident. But when we do something wrong on purpose, it hurts our mom and dad too. Our parents give us rules and teach us right and wrong because they love us. When we don't listen to them, it hurts our relationship. It doesn't mean they

love us less, but it makes them sad and angry. And we should apologize. When we do something wrong on purpose, when we know it's wrong, it's called a sin. Accidents aren't sins. When we sin, we are disobeying God and it hurts him just like it hurts our parents when we don't listen. We need to tell God we are sorry when we do something wrong, but we can always trust that God will forgive us. He never stops loving us no matter what we do.

Activity: Practice saying sorry!

Have the children role play and practice apologizing to one another, to their parents and to God.

Some ideas for scenarios to act out:

Emma pushed Aidan at recess.

Chloe called Charlotte a mean name.

Jacob stole a cookie from the plate his mom told him she was saving for later.

Matthew took his dad's new headphones which he told him not to touch and lost them.

Sing and Dance: [You Forgive Me | Children's Action Song](#)

Prayer:

Dear Jesus, I'm sorry for the times I have chosen to do the wrong thing. Thank you for forgiving me. Help me to forgive other people. Amen.