



ARCHDIOCESE
OF NEW YORK



Discover the Grace of the Jubilee: A Guide to Plenary Indulgences in 2025

During the Ordinary Jubilee Year of 2025, called by His Holiness Pope Francis, the faithful can obtain a plenary indulgence – the remission of all temporal punishment due to sin – either for themselves or for the souls in Purgatory.

Requirements for Obtaining the Plenary Indulgence

All the faithful must be:

- Truly repentant
- Free from attachment to sin
- Purified through the Sacrament of Penance
- Refreshed by Holy Communion
- Pray for the intentions of the Supreme Pontiff

Various Ways to Obtain the Indulgence in the Archdiocese of New York

Through Pilgrimage

Visit any designated Jubilee site in the Archdiocese and participate in one of these devotions:

- Holy Mass
- Celebration of the Word of God
- Liturgy of the Hours
- Stations of the Cross
- Marian Rosary
- Penitential celebration with individual confession

Through Pious Visits

Visit a Jubilee site and devoutly:

- Engage in Eucharistic adoration and meditation
- Conclude with:
 - Our Father
 - Profession of Faith
 - Invocations to Mary

Designated Jubilee pilgrimage sites:

- St. Patrick's Cathedral, Manhattan
- Basilica of St. Patrick's Old Cathedral, Manhattan
- St. Frances Cabrini Shrine, Manhattan

- National Shrine of Our Lady of Mt. Carmel, Middletown
- Franciscan Friars of the Atonement at Graymoor, Garrison
- Mt. Alvernia Retreat Center, Wappingers Falls
- National Shrine of Mary Help of Christians, Stony Point
- Schoenstatt Shrine of Light, Staten Island

Works of Mercy and Penance

Participate in:

- Popular missions
- Spiritual exercises
- Formation activities on Vatican II documents
- Study of the Catechism of the Catholic Church

Special Provisions

Those who cannot make a pilgrimage due to serious reasons (elderly, sick, imprisoned, or caregivers) may obtain the indulgence by:

- Uniting spiritually with jubilee celebrations
- Offering their sufferings to God
- Praying the Our Father, the Creed, and other prayers in their place of confinement

For complete details and updates throughout the Jubilee Year, visit archny.org/jubilee2025