



Jubilee 2025: Pilgrims of Hope

A Call to Care for the Sick and Honor Healthcare Workers

What is the Jubilee of the Sick and Healthcare Workers?

As part of Jubilee 2025: Pilgrims of Hope, the Jubilee of the Sick and Healthcare Workers (April 5–6) invites the faithful to recognize the dignity of those who are ill and honor those who care for them. This is a time to reflect on Jesus' call to love, heal, and accompany those who are suffering.

How Can We Participate?

The faithful in the Archdiocese of New York are encouraged to take part in this special observance through acts of prayer, service, and compassion. Below are practical ways to live out this call:

Pray for the Sick and Healthcare Workers

- Offer intentional prayers at Mass or at home for those struggling with illness and those who care for them. Pray the Jubilee Prayer for the Sick, asking for God's mercy and comfort.
- Attend Adoration and spend time in silent prayer for healing and strength.
- Remember Pope Francis in your prayers, as he has faced ongoing health challenges. His witness of perseverance and trust in God's will is a powerful reflection for this Lenten season.

Visit and Support the Sick

- Visit an ill or elderly friend, relative, or parishioner, offering companionship and encouragement. Volunteer with parish ministries that serve the sick and homebound.
- Send a card or care package to someone in the hospital, nursing home, or homebound.
- Learn more about ArchCare, the continuing care community of the Archdiocese of New York, which provides compassionate healthcare and support services for the elderly, chronically ill, and those in need of specialized care. Consider supporting their mission through prayer, donations, or volunteer efforts.

Honor Healthcare Workers

- Express gratitude to doctors, nurses, chaplains, and caregivers for their service.
- Organize a special parish blessing for healthcare workers during Mass.
- Support local Catholic hospitals and clinics through donations or service.

Participate in a Jubilee Mass or Reflection

- Join a local or virtual pilgrimage to a cathedral or shrine.
- Attend a Jubilee Mass in honor of the sick and healthcare professionals.
- Reflect on Pope Francis' words: "Care given to them is a hymn to human dignity, a song of hope."

Embrace the Spiritual and Corporal Works of Mercy

- Comfort those who are sick by listening and offering encouragement.
- Support mental health initiatives, recognizing that emotional and spiritual well-being are essential.
- Be an advocate for access to compassionate and ethical healthcare.



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Join the Archdiocese of New York in Making a Difference

The Jubilee of the Sick and Healthcare Workers is an opportunity to be agents of God's mercy, extending hope and healing to those in need. Let us pray, serve, and uplift the sick and those who care for them, embracing the spirit of Jubilee as Pilgrims of Hope.