

SAFE ENVIRONMENT LESSON PLAN ~ "BULLYING"

OBJECTIVES

The High School student will

1. Define bullying.
2. Discuss reasons why kids bully.
3. Create a plan to be a defender against bullies.

OVERVIEW OF CONTENT

PART ONE ~ BULLYING

This section of the lesson addresses ideas such as:

- Defining difference between assertive and aggressive behaviors
- Describing what bullying is and why people bully
- The definition of bullying that we use is: Intentional, aggressive behavior repeated over time that involves unequal power, and causes injury or leaves the victim feeling fearful, hurt, distraught or isolated. Bullying behavior may include physical contact, verbal assault, social shunning, obscene gestures or other aggressive attacks.

PART TWO ~ OUR CHRISTIAN RESPONSIBILITY

This section of the lesson addresses ideas such as:

- Identifying what our responsibility is as a Christian in terms of how we should view and respond to our behavior and the behaviors of others
- Introducing being a defender against bullies
- Discussing the role empathy plays in our lives when it comes to bullying

PART THREE ~ BEING A DEFENDER AGAINST BULLIES

This section of the lesson addresses ideas such as:

- Outlining what being a defender against bullies means
- Relating our role in defending bullies to the story of the Good Samaritan

ASSESSMENT

Ask student to complete

- Bullying Action Plan (Resource A)
- Bullying Scenario (Resource B)