

Life is Precious

Tuesday of Respect Life Week - January 2022

Putting Others First

Grades 4-6

- **Goal:** It is natural to want the very best things for ourselves. The Gospel, however, asks each of us to put the needs of others before our own. Students will explore the gift of life learning that generosity and selflessness are integral to living a Christian life.
- Materials: Make-A-Wish Granted (video link) Best Commercial Ever (video link) Kindness Boomerang (video link)
- Watch: These video clips have been chosen because they illustrate self-sacrificing love for others in ways that are much smaller than Jesus' death on the cross, but they still illustrate the amazing good that comes when we put the needs of others before our own. As students watch the videos, talk about how difficult it can be to put the needs of others first, but there are amazing rewards to them and us when we do.

Make-A-Wish Granted (video link)

Questions for Discussion Who is the girl who asks for a wish? Why is she being granted a wish? What does she ask for? What difference does it make to the people she serves? What difference does it make to her?

Best Commercial Ever (video link) Kindness Boomerang (video link)

<u>Questions for Discussion</u> Why is doing good contagious? Why do some people need a push in order to choose to be selfless while others seem to do it naturally? Do small acts of kindness really have a great effect on the world? Why or why not? Are there other people you can think of who have practiced small acts of kindness and have created massive changes?

Activity: Appreciating others: Have the students write thank you notes to the custodians who work in the school, or other workers in the school whose work often goes unappreciated. The purpose of this activity is to teach the students to appreciate everyone, especially the overlooked and underappreciated people in their life.

Prayer:

Bless my soul, O God, and grace it with kindness. Deliver me from harsh judgment and careless speech.

Fill my heart with love for you and for my neighbor, that all my words and actions shine with joy and comfort, care, and understanding.

Make kindness the backdrop of my life.

Amen.

from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website.