

# A LESSON ON MARRIAGE AND FAMILY

## GRADES 1-3 – Marriage - Lesson II (Year I, Day 4)

**Goal:** To talk to children about the importance of family and loving your family even when it is difficult.

**Materials:** paper, crayons/markers

**Lesson:** These videos portray the importance of family. The second video talks about the difficulties of loving your family using the example of the pandemic lockdowns, and why it is important to love them anyway.

**Watch:** [Sesame Street: Family Song](#) from Sesame Street  
[Loving Your Family - A Sunday School lesson for kids](#) from Douglas Talks

### Discussion:

- Who are some people in your family that you like to do things with?
- We all have family near or far, what are some memories about your family?
- What are some things that you are thankful for about your family?
- Everyone's family is different, but what are some things that are the same? (e.g. love, food together, feeling of safety)
- Was it sometimes harder to get along with your family during the lockdowns?
- Why do you think God gave us families?
- How do we love God by loving our family?

**Activity:** Have students draw a picture of their family doing something they like to do together.

### Prayer:

*God our Father, thank you for my family,  
for hugs and kisses and special times together.*

*Thank you for my friends,*

*for laughter and chatting and sharing.*

*Thank you for my home,  
for rest times and bed times.*

*Thank you for playtimes, for toys and games and books,  
and for helping me to enjoy them all.  
Amen.*

*Lesson adapted from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website*