

A LESSON ON PUTTING OTHERS FIRST

GRADES 1-3 – Life is a Gift - Lesson I (Year I, Day 2)

Goal: To introduce children to the concepts of generosity and selflessness. It is natural to want the very best thing for ourselves. However, the Gospel calls us to follow the example of Jesus who laid down his very life for the sake of each person in the world.

Materials: playdough, baby powder, tape

Lesson: The video tells the story of Frank and Sophie who want to go play with Miss Laura and her new baby. They learn the value of sacrificing what we want in order to help others who need us.

Watch: [Philo and Sophie - We Need Baby Lucia](#) from [healingtheculture](#)

Discussion:

- Do your parents ever give up doing things they want for your sake?
- Why do they do it? Does it make them happy?
- Have you ever given up doing something you wanted in order to help somebody else?
- Did it make you feel good even though it was hard?
- Can you think of something you could do today to help somebody you love?

Activity: Your Love is Special!

Have each student make fingerprints (with playdough). You could also put baby powder on their fingers and then press them into the sticky side of packing tape. Discuss how every single person has a unique fingerprint. Have them compare fingerprints with other classmates. Discuss how God made each of them totally unique and how their fingerprints aren't the only thing about them that is special. Their heart and their love are also completely unique! No one else can love like they can. The world needs their love! Have the students draw on the page (around their fingerprint – made using finger paint or the piece of tape) special ways they can love.

Prayer:

*Jesus, teach me to share and be generous to
people I see every day.*

*Help me to think of others before myself,
and to happily give what I have to help others.*

Thank you for all you have given me.

Amen.

Lesson adapted from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website