



ARCHDIOCESE  
of NEW YORK

# From Resurrection to Pentecost This is Easter Season

## WEEK 1

### **The Resurrection Changes Everything**

He is Risen! The 50 days of Easter begin with the joy of the Resurrection. This season is not just one day—it's a journey of celebration, transformation, and new life. Just as Lent prepares us through sacrifice, Easter Season invites us into abundant joy and renewal. Alleluia!

## WEEK 2

### **Divine Mercy and New Life**

The second Sunday of Easter is Divine Mercy Sunday—a reminder that Christ's Resurrection brings not only new life, but unlimited mercy. In these 50 days, we are called to live in the light of that mercy and share it with others.

## WEEK 3

### **Walking with the Risen Christ**

Like the disciples on the road to Emmaus, we too are walking with Jesus—even when we don't recognize Him. These weeks help us grow in awareness that Christ is alive and present, especially in the Word and the Eucharist.

## WEEK 4

### **The Good Shepherd Leads Us**

In Week 4, we reflect on Christ as the Good Shepherd—who lays down His life and leads us to eternal life. Easter is not just about joy; it's about trust in the One who guides, protects, and knows us by name.

## WEEK 5

### **Living the New Commandment**

Jesus said, "Love one another as I have loved you." In this season, we are challenged to live the Resurrection by living radical love—within our homes, communities, and Church. Easter joy is meant to overflow into action.

## WEEK 6

### **A Promise of the Spirit**

As the season progresses, we hear Jesus speak of the Holy Spirit. These days are a time of expectation—preparing us for Pentecost. The Risen Christ doesn't just leave us with hope; He promises us the power to live it out.

## WEEK 7

### **Waiting for Pentecost**

The final week of Easter is one of anticipation and prayer, just as the Apostles gathered in the Upper Room. The season began with the empty tomb and ends with hearts ready to be filled by the Holy Spirit. The Church is being readied to go out into the world.