

Confirmation Sponsor Checklist
Archdiocesan Adult Confirmation Program
Office of Adult Faith Formation – Archdiocese of New York

The Catholic Church requires that all those who assume the responsibilities and obligations of sponsorship for the Sacrament of Baptism and Confirmation practice their religion faithfully and are exemplary in their conduct as members of the Roman Catholic Church. Consequently, Confirmation Sponsors should seek a parish letter of certification (approbation) only if they are able to make the following affirmations:

- I am a Roman Catholic who is registered and participating member of this Catholic parish.
- I have been asked to be a Sponsor for the Sacrament of Confirmation and I am not the father or mother of the one to be confirmed. (Canon 874, §1, 1 and 5) as well as the spouse or fiancé of the one to be confirmed.
- I have attained the required minimum age of sixteen years. (Canon 874, §1, 2)
- I have received the three Sacraments of Initiation: Baptism, Confirmation and Holy Eucharist. (Canon 874, §1, 3)
- I worship regularly at Mass on Sundays and Holy Days and give witness to my faith in Jesus Christ by partaking in Holy Communion and by participating in the life of my parish.
- I actively strive to live out my commitment to Christ and to the Church by the sacrificial giving of my time, talent and treasure, and by my loving response to my neighbor.
- I realize that I assume a great responsibility before God and the Church in becoming a Sponsor/Godparent. I promise to give support and guide the person I am sponsoring by my prayers, and most especially, by my own Catholic example of my daily life.