

DAY 5 - April 7 - GOOD FRIDAY

FRIDAY OF THE PASSION OF THE LORD

Focus: Even now, you will be with me

Scripture: Luke 23:44-49

It was now about noon, and darkness came over the whole land until three in the afternoon, for the sun stopped shining. And the curtain of the temple was torn in two. Jesus called out with a loud voice, "Father, into your hands I commit my spirit." When he had said this, he breathed his last.

The centurion, seeing what had happened, praised God and said, "Surely this was a righteous man." When all the people who had gathered to witness this sight saw what took place, they beat their breasts and went away. But all those who knew him, including the women who had followed him from Galilee, stood at a distance, watching these things.

[Alternate Reading: Hebrews 4: 14-16; 5: 7-9]

*"Entrusting his life to the Father, Jesus bore our infirmities;
and, obedient unto death, Won for us eternal salvation."*

Call to Prayer: "Psalm 63: My Soul Is Thirsting" by Rawn Harbor

Reflection:

Looking at the day of Jesus' crucifixion, he still wanted his disciples to know that they will be with him. The two others who were crucified alongside Jesus recognized this and asked, "Jesus remember me when you come into your kingdom." Jesus made it clear that he had completed God's work and said. "it is finished". What makes it so hard for Jesus to abandon us? He has promised that we will be with him always even in paradise. He shows the people who he is through his works. He tells us that he came to do the work of God who sent him. He reminds us that he has shown us the many good works of God. Our entire life must be to give God the glory for the blessings, works, and grace he pours upon us.

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Song of the Day: "Were You There When They Crucified My Lord" by Pegasis

Meditation Questions:

- ◆ Do we recognize how God has saved us from making the same mistakes over and over?
- ◆ How have we kept God first in our lives? Whom have we invited to recognize Jesus as truly the Son of God?

Optional Liturgical Activities for Today:

N.B. There are NO Masses celebrated on Good Friday (nor on Holy Saturday until the Easter Vigil). Good Friday is a day of fasting and abstinence from meat.

- ◆ Go to Confession, if you were not able to make it on Monday or any other day.
- ◆ Attend Tenebrae (Pray Service) in the morning at St. Patrick's Cathedral at 9:00am (EST) LIVESTREAM
- ◆ Attend Tenebrae at St. Michael the Archangel Church in Co-op City, Bronx at 9:00am
- ◆ Attend or view Meditation on the Seven Last Words at/from St. Patrick's Cathedral 12:00 Noon to 3:00pm (EST) LIVESTREAM
- ◆ Attend Solemn Liturgy of the Lord's Passion (at which Communion will be distributed) at St. Michael the Archangel Church (Bronx) at 3:00pm or at St. Patrick's Cathedral at 3:30pm LIVESTREAM
- ◆ Attend Stations of the Cross at St. Patrick's Cathedral at 6:00pm (EST) LIVESTREAM or at St. Michael the Archangel in Co-op City, Bronx at 7:00pm

We invite you to join us for the following during this week's Retreat:

- ⇒ Recitation of the Rosary, with singing and special prayers, will take place on the Prayer Line (720-820-1469) on Monday, Wednesday & Friday at 12:15pm (EST).