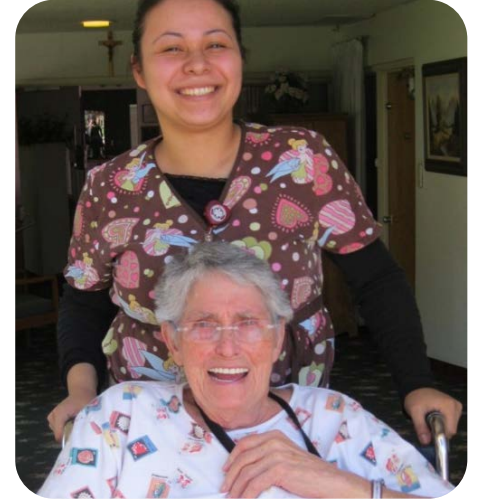




Care & Prepare:
**Accessing
Good Care**



The Goal of Good Care

“Then the King will say to those on His right, ‘Come, you who are blessed of My Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave Me something to eat; I was thirsty, and you gave Me something to drink; I was a stranger, and you invited Me in; naked, and you clothed Me; I was sick, and you visited Me; I was in prison, and you came to Me.’”

Matthew 25: 34-36

- Care for the whole person involves ensuring that they have **food and drink, comfort and respect, warmth and security**, and **accompaniment** to the end of their life, so that they feel valued, empowered and loved.

Palliative Care

- A field of medicine which aims to help manage pain and symptoms for persons facing a serious illness at any age of life.
- Provides comfort care to ease physical pain.
- Also eases emotional pain caused by thirst, tiredness, fear, etc.
- Philosophy: “When we cannot cure, we can always care.”
 - Reversible, titrated, and monitored treatment
 - Symptom relief



How to Access Palliative Care

- Doctor referral
- Hospital-based
- Website: www.GetPalliativeCare.org



Hospice Care

- Seeks to help patients with a life expectancy of months, not years. Terminal illness is a prognosis of 6 months or less to live.
- Hospice provides specialized care for the dying person by helping with pain and discomfort and promoting quality of life.
- Optional service – can shop around, leave and choose a different hospice.
- Renewable – don't wait
- Usually hospice patients forego further curative care



How to Access Hospice Care

- Doctor referral
- Consult the document “Interviewing a Hospice Agency”
- Some recommendations can be found on the Archdiocese website: lifeofficenyc.org/end-of-life
- Services reimbursed through Medicare, Medi-Cal, commercial health insurance and managed care plans
- Non-profit hospice does not deny hospice care for lack of insurance coverage or ability to pay



Q&A Discussion



“A new commandment I give to you, that you love one another; even as I have loved you.”

John 13:34