

THE EFFECTS OF PREGNANCY CHOICES ON INDIVIDUALS AND THE WORLD

GRADES 7-9 - Lesson II (Year III, Day 1)

Goal: Students will learn about the difficult choices facing a woman in an unintended pregnancy and how the effects of her choice change her and the entire world.

Watch: [Jennifer's Story](#)

Discussion:

- How did you feel listening to Jennifer's story?
- How did Jennifer's abortion experience affect her?
- Was Jennifer the only one responsible for what happened? Compare the roles of her 1st and 2nd husbands in Jennifer's journey.
- How did the Sacrament of Reconciliation help her find healing and accept forgiveness?
- When abortion is talked about in the media, is the pain that many women and men suffer after the experience acknowledged?

Lesson: Abortion is often promoted as a quick and easy decision to a difficult problem, particularly for teens. And, from the outside, it can definitely appear that way. But hundreds of thousands of women have shared stories of incredible pain and grief following abortion. Studies have shown that it often leads to an increase in anxiety, depression, and addiction. The effect is especially strong on those who suffer abortions in their teens. Abortion affects everyone involved - the father of the baby, the grandparents, and the whole family. Those who have lost siblings to abortion often suffer deeply as well. Thankfully, we know that God can forgive anything we do, including abortion. While God's healing will not take away many of the terrible effects of abortion, it can mend the relationship with God and allow the woman to find spiritual strength while she rebuilds the rest of her life.

Activity: Have the students write an imaginary letter to a woman who is suffering after an abortion. What would they want to tell her about God's mercy? Remind the students not to be judgmental or accusatory but to approach the letter with love and compassion.

Prayer:

Lord, we believe that your mercy is infinite. We ask You to bring Your healing and grace to all those who have been affected by abortion, mothers, fathers, siblings and families. Give them courage to turn back to You and receive Your Mercy. We trust that You can make all things new. Amen.