

A LESSON ON LOVING AND RESPECTING ALL HUMAN LIFE

GRADES 4-6 - Lesson II (Year III, Day 1)

Goal: Introduce the idea of respect for all life beginning at the moment of conception and why it is so important to support women who are expecting children.

Materials:

Paper, jar for prayers/sacrifices

Lesson: Each and every person is created by God out of love, from the very first, tiny moment of their lives before they are born. It is important to create a world where everyone is welcomed as a gift of God.

Watch: [Pregnancy Time Lapse](#)

Discussion:

- Is having a baby easy?
- Is every woman who gets pregnant really happy about it? Why or why not?
- What might make someone unhappy about being pregnant?
- Just because someone is not happy at one time, does that mean she will stay unhappy?

Watch: [Dear Future Mom](#)

Discussion:

- How did the mom writing the letter feel about her pregnancy? Why?
- What can we do to help people be happy about welcoming a new person into the world?
- What can we do to create a world where everyone is welcomed as a gift from God?

Activity: Have the students write two paragraphs: a paragraph listing what they think is beautiful about being alive and a paragraph listing things they can say and do to help a mom who is having a hard time with her pregnancy.

Activity: Invite your students to bring in baby clothes, diapers, blankets, or other things babies might need to donate to a local pregnancy resource center or maternity home. Place a jar in the area where you are collecting the donated goods so that students can write down prayers and sacrifices that they would like to offer for people who are not happy about a pregnancy.

Prayer:

God our Father, you created each person as a gift from you to the world. Help us to recognize the gift, even when our eyes see problems or inconvenience. Help us to treat each person as a gift and share our lives as a gift to the world for you. Amen.

Lesson adapted from the plans on the Archdiocese of Los Angeles Office of Life, Justice and Peace website