Please review the form (on reverse) for the submission
By posting this notice and information concerning your rights as an injured worker, your employer is in compliance with the Workers' Compensation Law. If you do not notify your employer within 30 days of the date of your injury your claim may be disallowed, so do so immediately.

You are entitled to obtain any necessary medical treatment and should do so immediately. You may choose any doctor, podiatrist, chiropractor or psychologist referred by a medical doctor that accepts NY State Workers' Compensation patients and is Board authorized. However, if your employer is involved in a certified preferred provider organization (PPO) you must first be treated by a provider chosen by your employer and your employer must give you a written statement of your rights concerning further medical care.

You should tell your doctor to file copies of medical reports concerning your claim with the Workers' Compensation Board and with your employer's insurance company, which is indicated at the bottom of this form. You should not pay any medical providers directly. They should send their bills to your employer. Worker's Compensation Benefits, when due, will be paid by (Los beneficios de Compensacion Obrera, cuandos debidos, seran pagados por):

If you have difficulty in obtaining a claim form or need help in filling it out, or if you have any other questions or problems about a job-related injury, contact the nearest office of the Workers' Compensation Board or call the help line of the phone number indicated. Please note that if you hire a representative to help you with your claim, you are required to pay the fee charged by the representative. Any fee will be set by the Board and will be deducted from your award.

If you hire a representative do not pay him/her directly. Any fee will be set by the Board and will be deducted from your award.

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